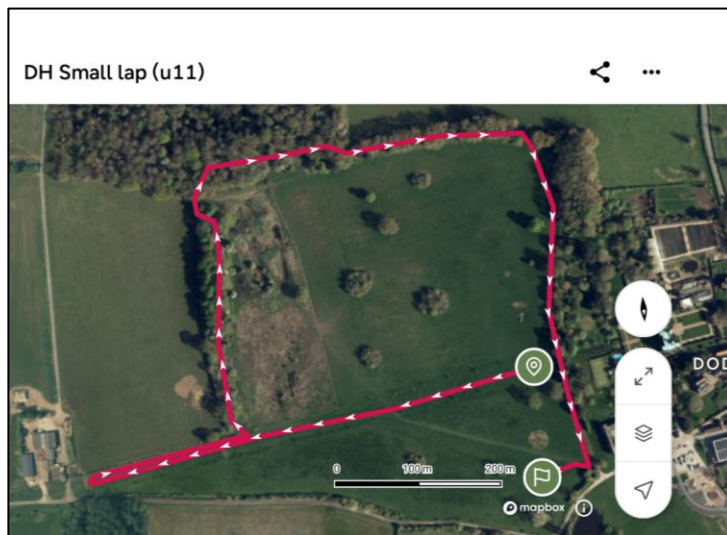




1 small lap. Start straight out to U-turn then towards wooded loop turning left at the gate into woods. Clockwise around woods towards finish (1.97km)

2x Small laps (U13)

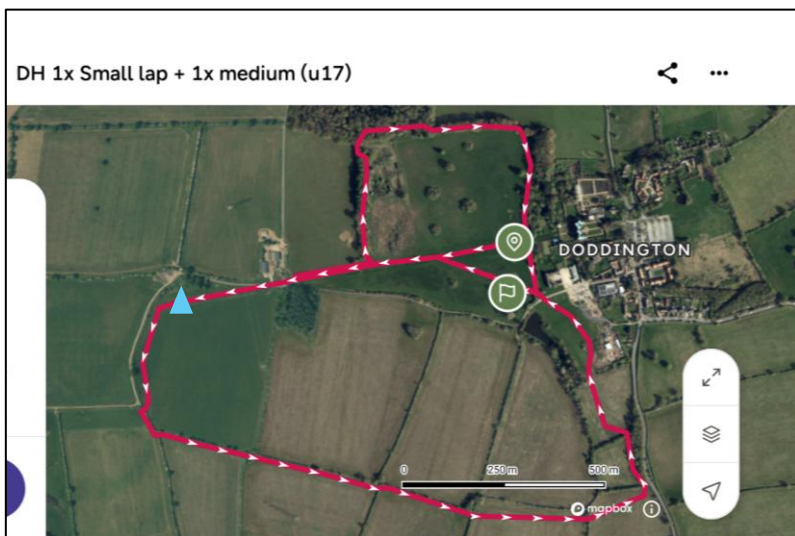


As U11 first lap. Then 2nd lap continues straight into clockwise wooded area rather than doing the initial U-turn part again (3.5km).

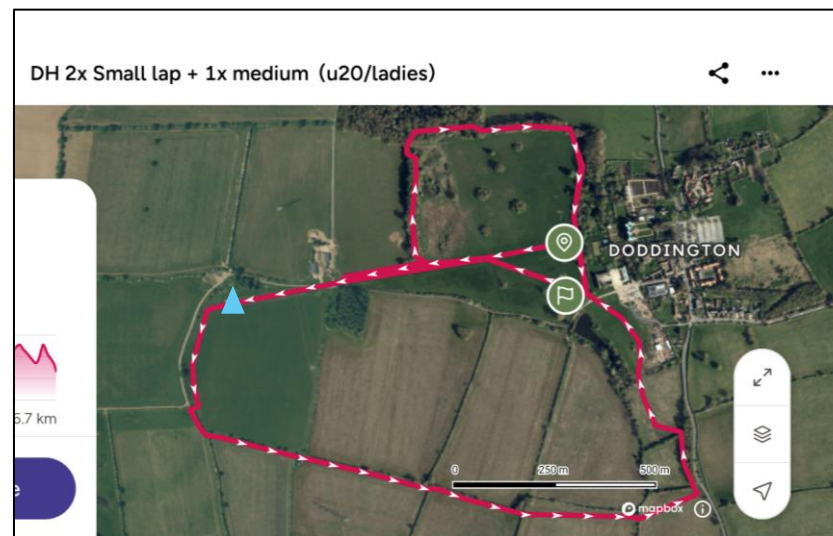
1x Pyramid lap + 1x Small lap (U15)



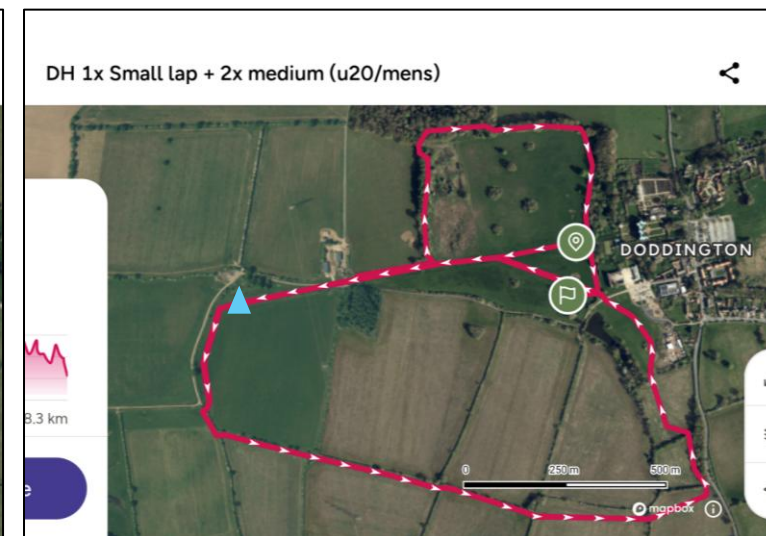
1 pyramid lap (up to and around pyramid structure), then 1x clockwise lap around wooded area (4.24km).



1 small lap as U11 race, followed by a medium lap (this does not include wooded section) (5.15km)



1 small lap as U11 race, then 2nd clockwise loop of wooded lap, followed by a medium lap (this does not include wooded section) (6.72km)



1 small lap as U11 race, then 2x medium lap (this does not include wooded section) (8.34km)

Programme

- 10:30 – U11s
- 10:35 – U13s
- 10:40 – U17s
- 10:45 – U20/Ladies
- 10:50 – U15s
- 10:55 – U20/Mens

Estimated Finish Times

- U11s – 10:40 – 10:45
- U13s – 10:55 – 11:00
- U17s – 11:05 – 11:10
- U20/Ladies – 11:15 – 11:20
- U15s – 11:10 – 11:15
- U20/Men – 11:30 – 11:40

