

Humberside & Lincolnshire Track & Field Championships - 2018 Schedule.

Saturday, 12th May, Costello Stadium, Hull & Sunday 13th May, The Tommy Clay Track, Boston.

11.00 a.m. both days

UKA Licence No. OUT18/130

Eligibility to Compete Athletes are eligible either by virtue of birth or residence in either of the two counties (Humberside comprising the four unitary authorities of North East Lincolnshire, North Lincolnshire, East Yorkshire and Kingston upon Hull. Some athletes will have a dual qualification i.e. born in one county living in the other – these athletes must choose which county they wish to compete in, or for. They must stay with the same county each calendar year so if they entered Cross Country Championships of either county in 2018 they have made their choice for this year. NB This does not apply to schools competition where the location of the school attended is the deciding factor.

Age Groups All age groups, except Masters, and Under 20's are determined by age at midnight on Aug 31st/Sept. 1st. 2018. In the case of Masters, for this Championship, the age is 35 and above on the day of competition. Under 20's are 17 or over on Aug. 31st, 2018 and under 20 on Dec. 31st, 2018.

Age groups – Under 11 (School Years 4 & 5), Under 13, Under 15, Under 17, Under 20 (Juniors), Seniors, Masters (Veterans, aged 35+ on the day of the competition).

Awards The first three competitors in each event, from each county, in each event and age group will receive the award of their county. Athletes will not be separated by county, but the first three in each event from each county will receive the awards even if this means looking at heat times to determine the positions- Photo-finish is to be used in the Championships.

Entries

Humberside entries can be made on either an individual basis or by clubs in bulk, or on line (in which case a copy of the entry form must be submitted either electronically or by post) and must be sent to the Humberside county entry secretary.

Lincolnshire entries for members of Lincolnshire-based clubs and Nene Valley Harriers must only be made in bulk by those clubs.

Lincolnshire-qualified individuals who are **not** members of Lincolnshire-based clubs **nor** members of Nene Valley Harriers can obtain their entry form from the Lincolnshire Athletics Association website: www.lincsathletics.com/fixtures.htm or can enter via their team manager if they are members of a Humberside Club which has been sent a Lincolnshire bulk-entry spreadsheet.

Data Protection "You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category." *NB This is something new which we are advised by UKA to include on entry forms/schedules to comply with changes to the Data Protection Act.*

Starting heights and Number of trials In all Field events except HJ and PV competitors will have four trials and if they achieve AAA Grade III standard in one of those trials they will be entitled to a further 2 trials. In the case of Masters/Veterans who will throw the weights appropriate to their age the corresponding Grade III standard to the age group throwing that weight shall determine whether or not two further trials are awarded. Opening heights U13 Girls HJ will open at 1.15 m; U13 Boys HJ at 1.20 m- the bar rising in 5 cm increments. PV will start at 2.00 m rising in 10 cm increments.

Entry fees	Under 11's to Under 17's	£5 for the first event and £2 for each subsequent event
	Under 20's, Seniors and Masters	£6 for the first event and £2 for each subsequent event

Please note the number of events an athlete in each age group may compete in is as below. They may enter more events but this is the maximum in which they can compete.

Under 11-not applicable; Under 13-3 events each day; Under 15 – 3 events each day; Under 17 -3 events each day, Under 20 – 5 events each day, Seniors and Masters - unlimited

Closing date Monday 23rd April 2018

A 10,000 metre championship for both counties will be incorporated into an Open 10,000 metres in the Humberside Track League at Costello Stadium, Hull, on June 2nd, 2018. Entries can be made alongside entries for these Championships or on the day, but entries on the day will be charged at £6 per athlete.

Humberside & Lincolnshire Track & Field Championships - 2018 Schedule.

Saturday, 12th May, Costello Stadium, Hull & Sunday 13th May, Tommy Clay Track, Boston.

11.00 a.m. both days

UKA Licence No. OUT18/130

EVENT SCHEDULE

Saturday, 12th May, Costello Stadium, Hull

Under 11 Girls	80m, Long Jump (School Years 4 & 5)
Under 13 Girl	100m, 1500m, 70m Hurdles
Under 15 Girls	100m, 300m, 1500m,, 75m Hurdles, Pole Vault, Discus, Hammer
Under 17 Women	100m, 300m, 1500m, 80 m Hurdles, Pole Vault, Long Jump, Discus, Hammer
Under 20 Women	100m, 400m, 1500m, 100m Hurdles, Pole Vault, Long Jump, Discus, Hammer
Senior Women	100m, 400m, 1500m, 100m Hurdles, Pole Vault, Long Jump, Discus, Hammer
Veteran Women (35+)	100m, 400m, 1500m, 100m Hurdles, Pole Vault, Long Jump, Discus, Hammer (Hurdles & throws as per age group rules)
Under 11 Boys	80m, Long Jump (School Years 4 & 5)
Under 13 Boys	100m, 1500m, 75m Hurdles, High Jump
Under 15 Boys	100m, 300m, 1500m, 80m Hurdles, Pole Vault, High Jump, Discus, Hammer
Under 17 Men	100m, 400m, 1500m, 100m Hurdles, Pole Vault, High Jump, Long Jump, Discus, Hammer
Under 20 Men	100m, 400m, 1500m, 110m Hurdles, Pole Vault, High Jump, Long Jump, Discus, Hammer
Senior Men	100m, 400m, 1500m, 110m Hurdles, Pole Vault, High Jump, Long Jump, Discus, Hammer
Veteran Men (35+)	100m, 400m, 1500m, 110m Hurdles, Pole Vault, High Jump, Long Jump, Discus, Hammer (Hurdles & throws as per age group rules)

Sunday, 13th May, The Tommy Clay Track, Boston.

150m, 600m (School Years 4 & 5)
200m, 800m, High Jump, Long Jump, Shot
200m, 800m, 3000m, High Jump, Long Jump, Shot, Javelin
200m, 800m, 3000m, 300m Hurdles, High Jump, Triple Jump, Shot, Javelin
200m, 800m, 3000m, 400m Hurdles, High Jump, Triple Jump, Shot, Javelin
200m, 800m, 3000m, 400m Hurdles, High Jump, Triple Jump, Shot, Javelin
200m, 800m, 3000m, 400m Hurdles, High Jump, Triple Jump, Shot, Javelin (throws to be included with other age grps throwing same weight)
150m, 600m (School Years 4 & 5)
200m, 800m, Long Jump, Shot
200m, 800m, 3,000m, Long Jump, Triple Jump, Shot, Javelin
200m, 800m, 3000m, 400m Hurdles, Triple Jump, Shot, Javelin
200m, 800m, 5000m, 400m Hurdles, Triple Jump, Shot, Javelin
200m, 800m, 5000m, 400m Hurdles, Triple Jump, Shot, Javelin
200m, 800m, 5000m, 400m Hurdles, Triple Jump, Shot, Javelin (throws to be included with other age groups throwing same weight)

In addition a 10,000m Championship for U20, Senior and Veteran Men will be held in conjunction with the Humberside League on June 2nd at Costello Stadium, Hull.