

Lincolnshire & Humber Track and Field Championships 2019

1. All events are pre-pay only and cannot be entered on the day.
2. No changes can be made to events entered, nor late entries accepted, after the official closing date.
3. The programme, in A4 format, will be available for download on the Lincs AA website and displayed at the venue. U11s are aged 9 or 10 on day-two of the competition.
4. Veteran Men Women are aged at least 35 on day-two of the competition. Veteran Hurdle and Throwing events are combined with younger age groups (see Table below), but scored separately. The Veteran age groups for county awards are V35, V50 V60 and are appended to the surname as M35, W50, etc.
5. Each competitor will be allocated a number, wrn as issued and pinned front and back on the vest (exceptions apply to height events). Athletes to bring 8 pins. The numbers are as stated in this programme.
6. Numbers can be collected at the venue from 09:00am on the day of competition in bulk by Lincolnshire-club captains and individually by Humber/out-of-county-club/unattached athletes.
7. When assembled (athletes to report in 10 minutes before the programmed/announced start time), the Starter's Assistant will allocate heats and lanes.
8. Where an event has heats, athletes are drawn at random from both counties. Progression will comprise the 3/2/3 fastest from 2/3/4 heats + 2/2/4 fastest other runners; 4 heats will progress to seeded semi-finals, 3 fastest each + 2 to the final. Athletes not reporting for the semi or final will be disqualified from further competition.
9. County awards will be issued to the first three in each event (including heat times if necessary). Team managers must collect awards on behalf of their team (unattached and school entries should collect their own) from the Recorders' Room.
10. The first three finishers in the U13, 15 and U17 Lincolnshire Championships should collect, complete and return (on the day) a County-Team availability form for the forthcoming Inter-County events in order to be considered for selection.

Veteran Hurdles and Throws are combined with:

VET	Spr. H	Dist. H	SHOT	JAVELIN	DISCUS	HAMMER
M35	U20M	U20M	SENM	U20M	SENM	SENM
M50	U17M	U17M	U20M	U17M	U17M	U20M
M60	SENW	U17W	U17M	U15B	U20W	U17M
W35	SENW	SENW	SENW	U20W	U20W	U20W
W50	U17W	U17W	U17W	U17W	U20W	U17W
W60	U17W	U17W	U17W	U17W	U20W	U17W

Lincolnshire & Humber Track and Field Championships 2019

TRACK PROGRAMME

Day 1: 11/05/2019

S.K. Sports Stadium, Grantham

11:00 AM 70m H FINAL	U13 G T1	12:10 PM 400m HEATS	U17 M T9; FINAL T23 @ 1:20
460 1 Madeleine BANKS	SLEAFORD STRIDERS AC	71 1 Adam FOX	KINGSTON-u-H AC
2 Emma BARKER	BARTON & DISTRICT AC	111 2 Harvev SOUTHCOAT	KINGSTON-u-H AC
463 3 Sienna SLATER	SLEAFORD STRIDERS AC	448 3 Luke PHILLIPS	PETERBOROUGH AC
395 4 Brooke ROBINSON	LINCOLN W AC	66 4 Ashton DAVIS	KINGSTON-u-H AC
361 5 Erin BARWELL	LINCOLN W AC	147 5 Archie YEO	SCUNTHORPE & D AC
12 6 Libbv KILLICK	BARTON & DISTRICT AC	10 1 Oliver DONKIN	BARTON & DISTRICT AC
334 7 Sofia DANIELE	GRANTHAM AC	353 2 Rori RODELL	GRANTHAM AC
354 8 Meriel SHEARD	GRANTHAM AC	329 3 Peter BRAYBROOK	GRANTHAM AC
		343 4 Thomas GLENDINNING	GRANTHAM AC
		381 5 Joshua MCBRIDE	LINCOLN W AC
11:10 AM 75m H FINAL	U15 G T2	12:20 PM 400m FINAL	SEN W T10a
131 1 Ava GREGORY	SCUNTHORPE & D AC	386 1 Debbie OCONNELL	LINCOLN W AC
377 2 Emma JAGGER	LINCOLN W AC	146 2 Emilv STRICKLAND	SCUNTHORPE & D AC
366 3 Alicia CARCHEDI	LINCOLN W AC		
438 4 Katie MARSH	NENE V H	12:20 PM 400m FINAL	U20 M T10b
126 5 Ellie CARTLEDGE	SCUNTHORPE & D AC	344 3 Jack GRAHAM	GRANTHAM AC
310 6 Georgia WARD	BOSTON & D AC	359 4 Kieran GILLESPIE	GRIMSBY H & AC
11:15 AM 75m H FINAL	U13 B T3	12:20 PM 400m FINAL	SEN M T10c
443 1 Ethan LINCOLN	NEWARK AC	402 5 Kobe TONG	LINCOLN W AC
356 2 James WHYSALL	GRANTHAM AC	150 6 Alex HOGGARD	SELBY STRIDERS
26 3 Alfie BURRELL	CLEETHORPES AC		
306 4 Havden QUANTRILL	BOSTON & D AC	12:20 PM 400m FINAL	VET M T10d
338 5 Ekene ESIWE	GRANTHAM AC	149 7 Richard HARRISON M50	SELBY STRIDERS
		68 8 Simon DOWNS M35	KINGSTON-u-H AC
11:20 AM 80m H FINAL	U17 W T4a	12:25 PM 80m FINAL	U11 G T11
101 1 Emila RUSSELL	KINGSTON-u-H AC	409 1 Freva WEST	LINCOLN W AC
127 2 Anna CAVILL	SCUNTHORPE & D AC	25 2 Mollv BEST	CLEETHORPES AC
		123 3 Jessica BEST	SCUNTHORPE & D AC
11:20 AM 80m H FINAL	U15 B T4b	124 4 Katie BETTS	SCUNTHORPE & D AC
384 4 Ewan MERRELL	LINCOLN W AC	371 5 Chloe FIELDS	LINCOLN W AC
450 5 Max ROE	PETERBOROUGH AC	16 6 Rosie RICHARDSON	BARTON & DISTRICT AC
		396 7 Paige ROBINSON	LINCOLN W AC
		307 8 Isabelle REID	BOSTON & D AC
11:30 AM 100m H FINAL	SEN W T5a	12:28 PM 80m FINAL	U11 B T12
102 1 Sonia SANTOS	KINGSTON-u-H AC	330 1 Jacob BROADLEY	GRANTHAM AC
457 2 Natalie STANTON	SCUNTHORPE & D AC	428 2 Lawson CAPES	NENE V H
91 3 Venus MORGAN	KINGSTON-u-H AC	304 3 Jack CLARK-ATKINS	BOSTON & D AC
		148 4 Freddie YEO	SCUNTHORPE & D AC
		392 5 Asher PHILLIPSON	LINCOLN W AC
		393 6 Finnian PHILLIPSON	LINCOLN W AC
11:30 AM 100m H FINAL	U20 W T5b		
445 5 Tilly OWENS	NEWARK AC	12:31 PM 100m HEATS	U13 G T13; FINAL T24 @ 2:15
444 6 Lauren OWENS	NEWARK AC	24 1 Lola BEST	CLEETHORPES AC
		11 2 Stevie EYRES	BARTON & DISTRICT AC
11:40 AM 100m H FINAL	U17 M T6a	415 3 Tabitha HAYNES	LOUTH AC
106 1 Jack SINGLETON	KINGSTON-u-H AC	460 4 Madeleine BANKS	SLEAFORD STRIDERS AC
44 2 Nathan SMITH	CLEETHORPES AC	2 5 Emma BARKER	BARTON & DISTRICT AC
449 3 Codv ROE	PETERBOROUGH AC	463 6 Sienna SLATER	SLEAFORD STRIDERS AC
11:40 AM 110m H FINAL	U20 M T6b	395 1 Brooke ROBINSON	LINCOLN W AC
64 5 Adam COLES	KINGSTON-u-H AC	15 2 Emilv RICHARDSON	BARTON & DISTRICT AC
309 6 Oliver SIMMONDS	BOSTON & D AC	46 3 Hollv WILSON	CLEETHORPES AC
		117 4 Freva VIDAL	KINGSTON-u-H AC
11:50 AM 300m HEATS	U15 G T7; FINAL T22 @ 1:15	12 5 Libbv KILLICK	BARTON & DISTRICT AC
29 1 Isabella CADEY	CLEETHORPES AC	417 6 Evie KENDRICK	LOUTH AC
464 2 Erin COX	STAMFORD STRIDERS		
424 3 Evie BLOW	NENE V H	153 1 Hollv SMITH	CLEETHORPES AC
461 4 Louise HIRST	SLEAFORD STRIDERS AC	346 2 Lara HINDMARSH	GRANTHAM AC
363 5 Evie BROOKS	LINCOLN W AC	40 3 Rebecca PAYLING	CLEETHORPES AC
118 1 Natalie WALSH	KINGSTON-u-H AC	334 4 Sofia DANIELE	GRANTHAM AC
90 2 Lvdia MOORE	KINGSTON-u-H AC	354 5 Meriel SHEARD	GRANTHAM AC
382 3 Natasha MCBRIDE	LINCOLN W AC		
425 4 Alexa BOOLE	NENE V H		
12:05 PM 300m FINAL	U15 B T8a		
110 1 Finlav SOUTHCOAT	KINGSTON-u-H AC		
347 2 William HINDMARSH	GRANTHAM AC		
12:05 PM 300m FINAL	U17 W T8b		
36 3 Robyn GREENWAY	CLEETHORPES AC		
420 4 Freya PLASKITT	LOUTH AC		
87 5 Jodie MARTIN	KINGSTON-u-H AC		
439 6 Ellie ODLIN	NENE V H		
103 7 Ella SHAW HALL	KINGSTON-u-H AC		
328 8 Helen BRAYBROOK	GRANTHAM AC		

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TRACK PROGRAMME

Day 1: 11/05/2019

S.K. Sports Stadium, Grantham

12:38 PM 100m HEATS U13 B T14; FINAL T25 @ 2:20

331	1	Thomas BROADLEY	GRANTHAM AC
28	2	Charlie CADEY	CLEETHORPES AC
112	3	Thomas SWIFT	KINGSTON-u-H AC
322	4	George WILSON	CLEETHORPES AC
306	5	Havden QUANTRILL	BOSTON & D AC
356	6	James WHYSALL	GRANTHAM AC
26	7	Alfie BURRELL	CLEETHORPES AC
389	1	Benjamin PATRICK	LINCOLN W AC
367	2	Luca CARCHEDI	LINCOLN W AC
13	3	Spencer LEANING	BARTON & DISTRICT AC
338	4	Ekene ESIWE	GRANTHAM AC
32	5	Alexander CLARKE	CLEETHORPES AC
426	6	Fraser BOOLE	NENE V H

12:42 PM 100m HEATS U15 G T15; FINAL T26 @ 2:25

131	1	Ava GREGORY	SCUNTHORPE & D AC
385	2	Amelia-Jav MORLEY	LINCOLN W AC
29	3	Isabella CADEY	CLEETHORPES AC
63	4	Jessica COATES	KINGSTON-u-H AC
377	5	Emma JAGGER	LINCOLN W AC
113	6	Elsa THOMPSON	KINGSTON-u-H AC
99	7	Lois RICHARDSON	KINGSTON-u-H AC
366	1	Alicia CARCHEDI	LINCOLN W AC
438	2	Katie MARSH	NENE V H
108	3	Emilv SMITH	FIT MUMS & FRIENDS
14	4	Hollie PAPWORTH	BARTON & DISTRICT AC
126	5	Ellie CARTLEDGE	SCUNTHORPE & D AC
308	6	Megan REID	BOSTON & D AC
133	7	Alice LINGARD	SCUNTHORPE & D AC

12:46 PM 100m HEATS U17 M T16; FINAL T27 @ 2:30

50	1	Oliver BARLOW	FIT MUMS & FRIENDS
111	2	Harvev SOUTHCOAT	KINGSTON-u-H AC
66	3	Ashton DAVIS	KINGSTON-u-H AC
378	4	William JAGGER	LINCOLN W AC
147	5	Archie YEO	SCUNTHORPE & D AC
54	6	Oliver SCANLAN	FIT MUMS & FRIENDS
51	7	Ben GIBSON	FIT MUMS & FRIENDS
77	1	Brodv HINSON	KINGSTON-u-H AC
106	2	Jack SINGLETON	KINGSTON-u-H AC
154	3	Daniel PAYLING	CLEETHORPES AC
339	4	Jonathan ESIWE	GRANTHAM AC
449	5	Codv ROE	PETERBOROUGH AC
351	6	James PEACE	GRANTHAM AC

12:50 PM 100m HEATS U17 W T17; FINAL T28 @ 2:35

114	1	Alanah THORESBY	KINGSTON-u-H AC
374	2	Lucv FROW	LINCOLN W AC
357	3	Hollv WILLIAMS	GRANTHAM AC
430	4	Keira GILMAN	NENE V H
423	5	Hollv ASLIN	NENE V H
155	6	Ellie TOWNSEND	KINGSTON-u-H AC
84	1	Daisv KOGAN	KINGSTON-u-H AC
413	2	Kandi AUSTIN	LOUTH AC
316	3	Tvla CHALK	CLEETHORPES AC
70	4	Emilv DYE	KINGSTON-u-H AC
139	5	Naiomi MWAMBIRE	SCUNTHORPE & D AC

12:55 PM 100m HEATS U15 B T18; FINAL T29 @ 2:40

446	1	Ronnie DAVEY	PETERBOROUGH AC
110	2	Finlav SOUTHCOAT	KINGSTON-u-H AC
85	3	Gabriel LI-LA VIGARS	KINGSTON-u-H AC
462	4	Luke SAUNDERS	SLEAFORD STRIDERS AC
459	5	Max ASLIN	SLEAFORD STRIDERS AC
47	1	Jordan WILSON	CLEETHORPES AC
43	2	Daniel SMITH	CLEETHORPES AC
369	3	Tobv COWLING	LINCOLN W AC
387	4	Dexter PAQUETTE	LINCOLN W AC
450	5	Max ROE	PETERBOROUGH AC

1:00 PM 100m FINAL U20 W T19a

405	1	Millie TURNER	LINCOLN W AC
422	2	Jasmine ALLEN	NENE V H
454	3	Millie KAPPEN	RUSHCLIFFE AC

1:00 PM 100m FINAL SEN W T19b

81	4	Megan HOULT	KINGSTON-u-H AC
91	5	Venus MORGAN	KINGSTON-u-H AC

1:00 PM 100m FINAL VET W T19c

370	6	Wendy DAY W35	LINCOLN W AC
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1:05 PM 100m FINAL U20 M T20a

64	1	Adam COLES	KINGSTON-u-H AC
344	2	Jack GRAHAM	GRANTHAM AC
437	3	James MARSH	NENE V H
350	4	Praise OLALERE	GRANTHAM AC
158	5	David MORGAN HARRISON	KINGSTON-u-H AC

1:05 PM 100m FINAL SEN M T20b

65	6	Joseph COOPER	KINGSTON-u-H AC
402	7	Kobe TONG	LINCOLN W AC
157	8	Andrew MORGAN HARRISON	KINGSTON-u-H AC

1:10 PM 100m FINAL VET M T21

416	1	Allan JOHNSTONE M50	LOUTH AC
412	2	Mike HARWOOD M35	LONDON CITY AC
400	3	Andrew SPOUR M35	LINCOLN W AC
333	4	Michael BURR M35	GRANTHAM AC

2:00 PM 1500m U17 W T24a

36	1	Robvn GREENWAY	CLEETHORPES AC
348	2	Ella-Rose HOBDAV	GRANTHAM AC
442	3	Ellie RAINBOW	NENE V H
420	4	Freva PLASKITT	LOUTH AC
419	5	Matilda MOSSOP	LOUTH AC
441	6	Mollv PEEL	NENE V H
318	7	Hannah REID	CLEETHORPES AC

2:00 PM 1500m U20 W T24b

349	8	Isabel HOBDAV	GRANTHAM AC
332	9	Savannah BROOK	GRANTHAM AC

2:10 PM 1500m U20 M T25a

436	1	Aaron HUNT	NENE V H
372	2	Jack FOOT	LINCOLN W AC
42	3	Lewis PHILLIPS	CLEETHORPES AC
355	4	William TUCKER	GRANTHAM AC
388	5	Jacob PARKINSON	LINCOLN W AC
429	6	Matthew DOWLING	NENE V H

2:10 PM 1500m SEN M T25b

20	7	Henry BROCKLEHURST	BOURNVILLE HARRIERS
358	8	Grant DAVIES	GRANTHAM RC
1	9	Shaun SMITH	ALDRSHOT FARN' & D
150	10	Alex HOGGARD	SELBY STRIDERS

2:10 PM 1500m VET M T25c

421	11	Malcolm BRINE M50	MABLETHORPE RR
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2:50 PM 1500m U13 B T30

331	1	Thomas BROADLEY	GRANTHAM AC
48	2	Jack WRIGHT	CLEETHORPES AC
376	3	Joe HUMPHRIES	LINCOLN W AC
130	4	Kieran DAVIES	SCUNTHORPE & D AC
38	5	Oliver PARKER	CLEETHORPES AC
394	6	Finnlev PICKER	LINCOLN W AC
322	7	George WILSON	CLEETHORPES AC
390	8	Maxim PATRICK	LINCOLN W AC
56	9	Adam EWING	GRIMSBY H & AC
338	10	Ekene ESIWE	GRANTHAM AC

3:00 PM 1500m U13 G T31

302	1	Emilv DEVENEY	BLACKHEATH & BH AC
24	2	Lola BEST	CLEETHORPES AC
41	3	Chloe PHILLIPS	CLEETHORPES AC
460	4	Madeleine BANKS	SLEAFORD STRIDERS AC
432	5	Evie HEMMINGS	NENE V H
15	6	Emilv RICHARDSON	BARTON & DISTRICT AC
317	7	Alice FEARN	CLEETHORPES AC
361	8	Erin BARWELL	LINCOLN W AC
346	9	Lara HINDMARSH	GRANTHAM AC
31	10	Matilda CARROTTE	CLEETHORPES AC
354	11	Meriel SHEARD	GRANTHAM AC

Lincolnshire & Humber Track and Field Championships 2019

TRACK PROGRAMME

Day 1: 11/05/2019

S.K. Sports Stadium, Grantham

3:10 PM 1500m

408 1 Cameron WEST
435 2 Harrv HEWITT
9 3 Jake CROFT
375 4 Jasper HUMPHRIES
462 5 Luke SAUNDERS
313 6 Owen JAMES
380 7 Samesh KUMAR
379 8 Ashwin KUMAR
312 9 Dan GALPIN
391 10 Oliver PEARSON
384 11 Ewan MERRELL
27 12 Charlie BURRELL
347 13 William HINDMARSH
45 14 Robin SMITH
30 15 Joe CARROTTE
368 16 Max CHESELDINE

U15 B T32

LINCOLN W AC
NENE V H
BARTON & DISTRICT AC
LINCOLN W AC
SLEAFORD STRIDERS AC
BOURNE TOWN H
LINCOLN W AC
LINCOLN W AC
BOURNE TOWN H
LINCOLN W AC
LINCOLN W AC
CLEETHORPES AC
GRANTHAM AC
CLEETHORPES AC
CLEETHORPES AC
LINCOLN W AC

3:20 PM 1500m

35 1 Ella GREENWAY
324 2 Anna PAY
464 3 Erin COX
461 4 Louise HIRST
33 5 Charlotte DAVIES
433 6 Lottie HEMMING
363 7 Evie BROOKS
362 8 India BARWELL
95 9 Georgina NORTH
382 10 Natasha MCBRIDE

U15 G T33

CLEETHORPES AC
FITMUMS & FRIENDS
STAMFORD STRIDERS
SLEAFORD STRIDERS AC
CLEETHORPES AC
NENE V H
LINCOLN W AC
LINCOLN W AC
KINGSTON-u-H AC
LINCOLN W AC

3:30 PM 1500m

107 1 Thomas SMALES
19 2 Kian WILES
39 3 William PARKER
49 4 Henry CULLEN
337 5 Harrv DENTON
10 6 Oliver DONKIN
320 7 Caleb STEPHENSON
364 8 Lewis BUDGEN
353 9 Rori RODELL
381 10 Joshua MCBRIDE
319 11 Matthew SPENDLOVE
453 12 Finlav WARD

U17 M T34

KINGSTON-u-H AC
BARTON & DISTRICT AC
CLEETHORPES AC
DONCASTER AC
GRANTHAM AC
BARTON & DISTRICT AC
CLEETHORPES AC
LINCOLN W AC
GRANTHAM AC
LINCOLN W AC
CLEETHORPES AC
RUGBY & N'HAM AC

Lincolnshire & Humber Track and Field Championships 2019

FIELD PROGRAMME Day 1: 11/05/2019 S.K. Sports Stadium, Grantham

Veteran Throws are combined with younger age groups that use the same weights

11:00 AM Long Jump	U11 G F1a	11:45 AM Shot	U17 W F4c
16 Rosie RICHARDSON	BARTON & DISTRICT AC	57 Hollv ADAMS	KINGSTON-u-H AC
25 Mollv BEST	CLEETHORPES AC	101 Emila RUSSELL	KINGSTON-u-H AC
123 Jessica BEST	SCUNTHORPE & D AC	151 Tyla CHALK	CLEETHORPES AC
124 Katie BETTS	SCUNTHORPE & D AC	326 Ella-Louise ASBREY	GRANTHAM AC
307 Isabelle REID	BOSTON & D AC	419 Matilda MOSSOP	LOUTH AC
371 Chloe FIELDS	LINCOLN W AC	451 Julie WILSON W50	READING AC
396 Paige ROBINSON	LINCOLN W AC	11:45 AM Long Jump	U17 W F5a
11:00 AM Long Jump	U11 B F1b	70 Emily DYE	KINGSTON-u-H AC
148 Freddie YEO	SCUNTHORPE & D AC	139 Naiomi MWAMBIRE	SCUNTHORPE & D AC
304 Jack CLARK-ATKINS	BOSTON & D AC	151 Tyla CHALK	CLEETHORPES AC
428 Lawson CAPES	NENE V H	326 Ella-Louise ASBREY	GRANTHAM AC
434 Louie HEMMING	NENE V H	413 Kandi AUSTIN	LOUTH AC
11:00 AM Javelin	U15 G F2a	423 Holly ASLIN	NENE V H
14 Hollie PAPWORTH	BARTON & DISTRICT AC	442 Ellie RAINBOW	NENE V H
120 Izzy WATTS	KINGSTON-u-H AC	155 Ellie TOWNSEND	KINGSTON-u-HAC
303 Aurelija BOCIULYTE	BOSTON & D AC	11:45 AM Long Jump	U20 W F5b
308 Megan REID	BOSTON & D AC	422 Jasmine ALLEN	NENE V H
310 Georgia WARD	BOSTON & D AC	445 Tillv OWENS	NEWARK AC
90 Lydia MOORE	KINGSTON-u-HAC	454 Millie KAPPEN	RUSHCLIFFE AC
11:00 AM Javelin	U17 W F2b	11:45 AM Long Jump	SEN W F5c
101 Emila RUSSELL	KINGSTON-u-H AC	457 Natalie STAINTON	SCUNTHORPE & D AC
419 Matilda MOSSOP	LOUTH AC	11:45 AM Long Jump	VET W F5d
423 Holly ASLIN	NENE V H	401 Denise TIMMIS W50	LINCOLN W AC
451 Julie WILSON W50	READING AC	12:00 PM Javelin	U15 B F6a
11:00 AM High Jump	U13 B F3a	9 Jake CROFT	BARTON & DISTRICT AC
56 Adam EWING	GRIMSBY H & AC	30 Joe CARROTTE	CLEETHORPES AC
443 Ethan LINCOLN	NEWARK AC	43 Daniel SMITH	CLEETHORPES AC
11:00 AM High Jump	U15 B F3b	47 Jordan WILSON	CLEETHORPES AC
345 Joseph HARRIS	GRANTHAM AC	61 Alexander CHIVERS	KINGSTON-u-H AC
446 Ronnie DAVEY	PETERBOROUGH AC	85 Gabriel LI-LA VIGARS	KINGSTON-u-H AC
11:00 AM High Jump	U17 M F3c	336 Charlie DENTON	GRANTHAM AC
39 William PARKER	CLEETHORPES AC	345 Joseph HARRIS	GRANTHAM AC
447 Dylan PHILLIPS	PETERBOROUGH AC	12:00 PM Javelin	U17 M F6b
11:00 AM High Jump	U20 M F3d	22 Lukas BRADSHAW	CITY OF YORK AC
309 Oliver SIMMONDS	BOSTON & D AC	44 Nathan SMITH	CLEETHORPES AC
359 Kieran GILLESPIE	GRIMSBY H & AC	97 Connor PICKERING	KINGSTON-u-H AC
11:00 AM High Jump	SEN M F3e	342 Philio GARNER M50	GRANTHAM AC
150 Alex HOGGARD	SELBY STRIDERS	351 James PEACE	GRANTHAM AC
11:00 AM High Jump	VET M F3f	447 Dvlan PHILLIPS	PETERBOROUGH AC
333 Michael BURR M35	GRANTHAM AC	456 Ian BARNSDALE M50	SCUNTHORPE & D AC
11:00 AM Shot	U13 G F4a	1:00 PM Long Jump	U17 M F7a
2 Emma BARKER	BARTON & DISTRICT AC	44 Nathan SMITH	CLEETHORPES AC
11 Stevie EYRES	BARTON & DISTRICT AC	50 Oliver BARLOW	FIT MUMS & FRIENDS
12 Libby KILLICK	BARTON & DISTRICT AC	51 Ben GIBSON	FIT MUMS & FRIENDS
15 Emily RICHARDSON	BARTON & DISTRICT AC	54 Oliver SCANLAN	FIT MUMS & FRIENDS
24 Lola BEST	CLEETHORPES AC	339 Jonathan ESIWE	GRANTHAM AC
31 Matilda CARROTTE	CLEETHORPES AC	448 Luke PHILLIPS	PETERBOROUGH AC
40 Rebecca PAYLING	CLEETHORPES AC	1:00 PM Long Jump	U20 M F7b
46 Holly WILSON	CLEETHORPES AC	64 Adam COLES	KINGSTON-u-H AC
153 Holly SMITH	CLEETHORPES AC	309 Oliver SIMMONDS	BOSTON & D AC
463 Sienna SLATER	SLEAFORD STRIDERS AC	344 Jack GRAHAM	GRANTHAM AC
11:45 AM Shot	U15 G F4b	411 Dawid ZOLDOWICZ	LINCOLN W AC
14 Hollie PAPWORTH	BARTON & DISTRICT AC	1:00 PM Long Jump	SEN M F7c
29 Isabella CADEY	CLEETHORPES AC	150 Alex HOGGARD	SELBY STRIDERS
99 Lois RICHARDSON	KINGSTON-u-H AC	1:00 PM Long Jump	VET M F7d
120 Izzy WATTS	KINGSTON-u-H AC	333 Michael BURR M35	GRANTHAM AC
303 Aurelija BOCIULYTE	BOSTON & D AC	416 Allan JOHNSTONE M50	LOUTH AC
308 Megan REID	BOSTON & D AC	1:00 PM Shot	U20 W F8a
310 Georgia WARD	BOSTON & D AC	315 Hannah MOLYNEAUX	CITY OF SHEFF & D AC
366 Alicia CARCHEDI	LINCOLN W AC	399 Abigail SHARPLES	LINCOLN W AC
377 Emma JAGGER	LINCOLN W AC	454 Millie KAPPEN	RUSHCLIFFE AC
424 Evie BLOW	NENE V H	455 Gemma BARNSDALE	SCUNTHORPE & D AC
425 Alexa BOOLE	NENE V H	1:00 PM Shot	SEN W F8b
90 Lydia MOORE	KINGSTON-u-HAC	301 Jennifer PARKER W35	BARTON & D AC
		340 Laura EVANS W35	GRANTHAM AC
		431 Rebecca HALL	NENE V H
		457 Natalie STAINTON	SCUNTHORPE & D AC

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Veteran Throws are combined with younger age groups that use the same weights

1:00 PM Shot	U13 B F8c
13 Spencer LEANING	BARTON & DISTRICT AC
28 Charlie CADEY	CLEETHORPES AC
32 Alexander CLARKE	CLEETHORPES AC
38 Oliver PARKER	CLEETHORPES AC
48 Jack WRIGHT	CLEETHORPES AC
356 James WHYSALL	GRANTHAM AC
367 Luca CARCHEDI	LINCOLN W AC
426 Fraser BOOLE	NENE V H
443 Ethan LINCOLN	NEWARK AC
1:30 PM Pole Vault	U20 W F9a
444 Lauren OWENS	NEWARK AC
1:30 PM Pole Vault	VET W F9b
373 Havlev FOX W35	LINCOLN W AC
1:30 PM Pole Vault	U17 M F9c
378 William JAGGER	LINCOLN W AC
447 Dvlan PHILLIPS	PETERBOROUGH AC
1:30 PM Pole Vault	VET M F9d
68 Simon DOWNS M35	KINGSTON-u-H AC
410 Adrian WHITE M35	LINCOLN W AC
1:30 PM Javelin	U20 M F10a
140 Greg PELL M35	SCUNTHORPE & D AC
333 Michael BURR M35	GRANTHAM AC
359 Kieran GILLESPIE	GRIMSBY H & AC
1:30 PM Javelin	SEN M F10b
67 Simon DOWNES	KINGSTON-u-H AC
327 Christopher BAINBRIDGE	GRANTHAM AC
2:15 PM Shot	U15 B F11
30 Joe CARROTTE	CLEETHORPES AC
43 Daniel SMITH	CLEETHORPES AC
45 Robin SMITH	CLEETHORPES AC
47 Jordan WILSON	CLEETHORPES AC
61 Alexander CHIVERS	KINGSTON-u-H AC
427 Donovan CAPES	NENE V H
462 Luke SAUNDERS	SLEAFORD STRIDERS AC
2:15 PM Javelin	U20 W F12a
62 Rebecca CHIVERS	KINGSTON-u-H AC
340 Laura EVANS W35	GRANTHAM AC
455 Gemma BARNSDALE	SCUNTHORPE & D AC
2:15 PM Javelin	SEN W F12b
457 Natalie STANTON	SCUNTHORPE & D AC
3:00 PM Shot	U17 M F13a
22 Lukas BRADSHAW	CITY OF YORK AC
97 Connor PICKERING	KINGSTON-u-H AC
154 Daniel PAYLING	CLEETHORPES AC
341 Malcolm FENTON M60	GRANTHAM AC
343 Thomas GLENDINNING	GRANTHAM AC
448 Luke PHILLIPS	PETERBOROUGH AC
3:00 PM Shot	U20 M F13b
115 John TWIDDLE M50	KINGSTON-u-H AC
323 Jim GILLESPIE M50	EASTERN MASTERS AC
342 Philio GARNER M50	GRANTHAM AC
359 Kieran GILLESPIE	GRIMSBY H & AC
416 Allan JOHNSTONE M50	LOUTH AC
456 Ian BARNSDALE M50	SCUNTHORPE & D AC
3:00 PM Shot	SEN M F13c
140 Greg PELL M35	SCUNTHORPE & D AC
327 Christopher BAINBRIDGE	GRANTHAM AC
412 Mike HARWOOD M35	LONDON CITY AC