

Lincolnshire Athletic Association
Cross-country league - Match 4
Sunday 10th February 2019
Outlers Plantation, Kinky Lane, Woodhall Spa

- | | | | | |
|----|-------|--|----------------------|-------------|
| 1. | 10.20 | u/11 Boys and Girls | 1 Small lap | 1604 Metres |
| 2. | 10.30 | u/13 Girls | 1 Large lap | 2883 " |
| 3. | 10.35 | u/20, Sen. Vet Men | 3 Large laps | 8649 " |
| 4. | 10.38 | u/13 Boys | 1 large lap | 2883 " |
| 5. | 11.10 | u/17/u/20, S. Vet Women
u/17 Men (See note below) | 2 large laps | 5766 " |
| 6. | 11.40 | u/15 Boys | 1 Small, 1 large lap | 4484 " |
| 7. | 11.48 | u/15 Girls | 1 Small, 1 large lap | 4484 " |

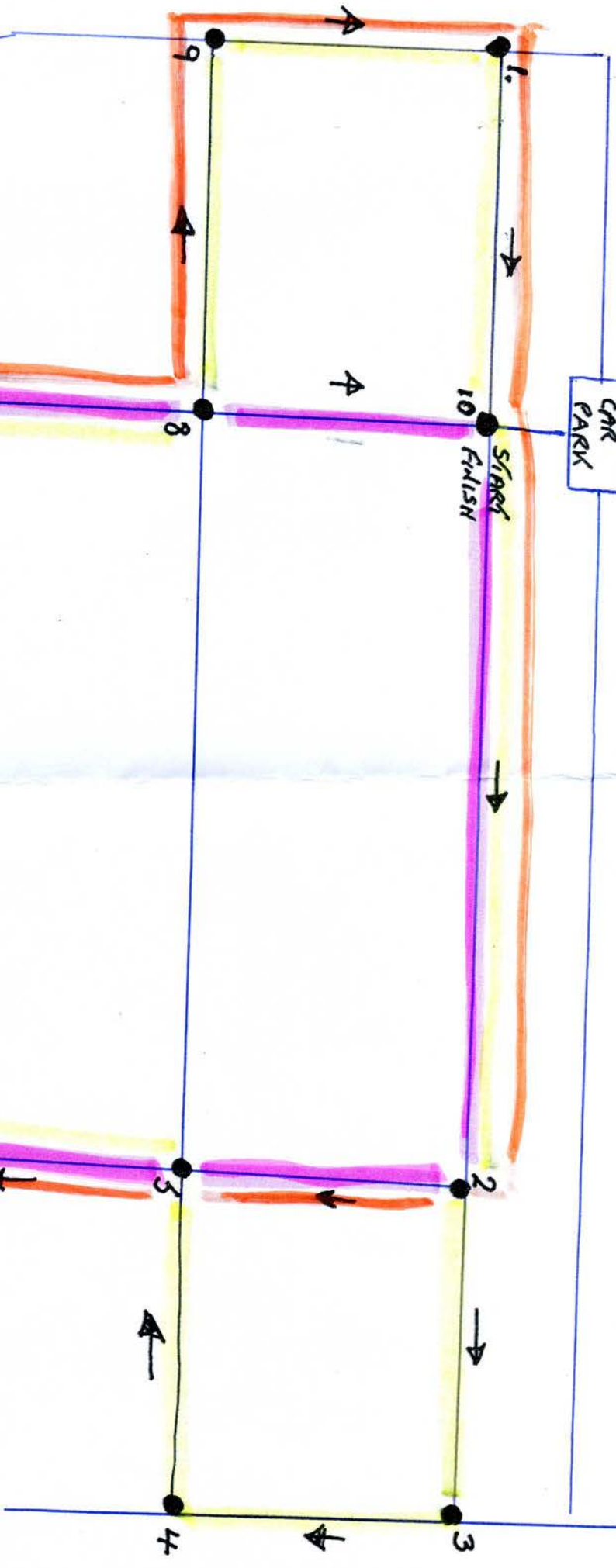
Notes

- course - comprising of Woodland rides on light sandy soil
- Surface - suitable for small track spikes or studs
- Car Parking - in main car park or roadside verges along Kinky Lane
- First Aid - Singleton Event Services
- Toilets - two Porta loos in the car park.
- No changing facilities available
- participating clubs to provide two marshalls and to report to John Tannis for instructions
- litter - under no circumstances drop any litter at the venue
- course clearance - after the final race, all marshalls to collect rig and litter and deliver it to the finish
- With the possibility of bad weather, the u/17 men to run at 11.10 am with the women

KIRKBY LAKE

CAR PARK

START
FINISH



CONCRETE DISPENSER

- = SMALL LAP 2-5-6-7-8-10
- = MEDIUM LAP 2-5-6-7-8-9-1-10
- = LARGE LAP 2-3-4-5-6-7-8-9-1-10

● = MARKSHAW'S BOING