



Boston and District AC

Entry Form for

The Poppy Run

10Km Road Race



Accurately measured



Fast flat course Start & Finish at
The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD
Sunday 12th November 2023. Start at 10.00am

Permit applied for
 Adequate parking * First aid in attendance * Toilets
 Marshalled course * Water Station

Prizes:

First men: Sen, Vet40, Vet50, Vet60 First women: Sen, Vet40, Vet 50, Vet 60
 First men's team Senior/Vet combined First women's team Senior/Vet combined
 3 runners to count per team
 All finishers to receive a Poppy Appeal Medal

Entry Fees: Affiliated £15, Unaffiliated £17. Minimum Age 15 years.

You may enter using the Run Britain website or by post.
 For postal entries please make cheques payable to Boston & District AC and post with your entry form to:
 Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ
 or make an electronic payment to: Boston & District AC, sort code 30-97-95, account number 00979085
 (please remember to post your entry form when paying electronically)

Closing date 6th November, no late entries.
Enquiries: tel. 01754 820623 or www.bostonanddistrictac.com

ALL PROFIT IN AID OF THE ROYAL BRITISH LEGION POPPY APPEAL

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 The Poppy Run 10Km entry form (photocopies accepted)

Surname First name Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 15 years)

Affiliated Athletic Club or Unattached

I enclose a cheque for £..... or I have made an electronic payment of £..... on date

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: Date

Parent's signature for runners under 16