

Please note that the U11 races are NOT County Championship events.

<b>246 Competitors</b>	6 gm Gainsborough	7 ma Mablethorpe	7 sb Skegness & D
4 bd Boston & D.	15 gr Grantham AC	8 nk Newark	1 sc Scunthorpe &
17 be Bourne TH	12 ld Lincoln & D	20 nv Nene Valley	5 sd Skegness Tri
3 cl Cleethorpes	37 lo Louth	2 pe Peterborough	20 ss Sleaford Str
2 cr Caistor RC	52 lw Lincoln W	11 rc RC Grantham	3 wj Werrington

23-Feb-17

<b>U13G</b>	<b>3500 m</b>	4 Hermione Wright	nv 1 27.10	3 Harry Denton	gr 3 14.28
1 Emily Crookes	lw 1 15.51	5 Amy Gibbons	nv 2 27.37	4 Lucas George-Jones	lo 1 14.34
2 Madison Green	lw 2 16.45	<b>SenW</b>	<b>6500 m</b>	5 Connor Ely	be 1 14.46
3 India Barwell	lw 3 16.57	1 Abbie Donnelly	lw 1 22.15	6 Jasper Humphries	gm 1 15.11
4 Evie Brooks	lo 1 18.17	2 Rebekah Ward	lw 2 24.06	7 Max James	be 2 15.20
5 Ellie Rainbow	ma 1 18.21	3 Lucinder Pitcher	lw 3 25.09	8 Matthew Spendlove	lo 2 15.43
6 Catherine Booth	nk 1 18.29	4 Emily Foran	ss 1 25.50	9 Ashwin Kumar	lw 1 15.59
7 Ffion Trundell	gr 1 18.45	5 Hannah Churchill	yz 1 26.04	10 Alex Galpin	be 3 16.08
8 Heather Davis	lw 4 18.53	6 Holly Haywood	lw 4 26.54	11 Ismael Manas	ss 1 16.11
9 Issy Vinter	lw 5 18.57	7 Leanne Warnes	ld 1 28.21	12 Ross Butcher	lw 2 16.53
10 Millie Collier	nv 1 19.04	8 Laura Grimer	nv 1 28.35	13 Freddie Rhodes	lo 3 17.10
11 Sophie Knapp	lw 6 19.14	9 Sarah Kaminski	ld 2 29.04	14 Charles Harrison	be 4 17.28
12 Freya Plaskitt	lo 2 19.21	10 Judith Broadbent	lw 5 29.44	15 William Bentley	ss 2 17.41
13 Neve Shore	ss 1 19.34	11 Katrina Harris	wr 1 34.03	16 Toby Williams	lw 3 18.06
14 Lucy Allen	gm 1 19.45	12 Erica Coney	ld 3 35.07	17 Joseph Davies	lw 4 18.41
15 Lucy Davies	lw 7 20.28	13 Angela Ishasismole	wr 2 36.23	18 Ben Bailey	ss 3 20.00
16 Alexa Booth	nv 2 21.42	14 Mel Woods	wr 3 36.37	19 Dan Galpin	be 5 20.19
<b>U15G</b>	<b>4500 m</b>	<b>VetW</b>	<b>5700 m</b>	20 Colby Hawse	ma 1 20.40
1 Grace Sullivan	cl 1 15.31	1 Janine Stones	ma 1 25.32	21 Reuben Smith	lw 5 21.13
2 Madeleine Wood	lw 1 15.54	2 Kerry Stainton	lo 1 26.03	22 Dylan Troop	lw 6 35.28
3 Molly Peel	be 1 16.00	3 Trudi Roberts	lo 2 26.50	<b>U15B</b>	<b>4500 m</b>
4 Helen Braybrook	gr 1 16.41	4 Anna Mongan	ld 1 27.02	1 Joseph Green	lw 1 14.05
5 Isabel Hobday	gr 2 16.53	5 Wendy Perkins	pe 1 27.08	2 Alex Ellis	wr 1 14.38
6 Hana Ray	nv 1 17.06	6 Emma Marshall-Telfer	sb 1 27.15	3 Archie Rainbow	ma 1 14.46
7 Elin James	be 2 17.20	7 Kerry Drury	lo 3 27.27	4 Lewis Budgen	lw 2 15.06
8 Tilly Owens	nk 1 17.29	8 Betty Gash	lo 4 29.03	5 Matt Dowling	nv 1 15.09
9 Lauren Owens	nk 2 18.14	9 Kathryn Lambert	ld 2 29.13	6 Jayden Daniels	cl 1 15.46
10 Evie Odlin	lo 1 18.20	10 Heather Ratnage-B	wr 1 29.18	7 Rori Rodell	gr 1 15.56
11 Keira Mager	ma 1 19.02	11 Sarah High	rc 1 29.23	8 Caleb Stephenson	lo 1 16.02
12 Ellie Odlin	lo 2 20.56	12 Lois Tack	ld 3 29.45	9 Jevon George-Jones	lo 2 16.18
13 Hannah Brown	lw 2 21.24	13 Ruth Edison	lo 5 30.18	10 Matt Colman	be 1 16.21
14 Ella Hawse	ma 2 23.54	14 Jo McGrath	gr 1 30.40	11 Dan Lawrence	nv 2 17.20
<b>U17W</b>	<b>5700 m</b>	15 Sarah Coupland	sb 2 31.10	12 Tom Middleton	nv 3 17.29
1 Amber Owens	nk 1 23.01	16 Ros Jackson	lo 6 31.25	13 William Wright	nv 4 17.33
2 Megan Ellison	nv 1 24.16	17 Caroline Davis	rc 2 31.41	14 Ismael Manas	ss 1 18.12
3 Lucy Thornton	lw 1 25.08	18 Shirley Willett	lo 7 31.55	15 Toby Everist	be 2 18.15
4 Abi Cooper	be 1 28.05	19 Maureen Runacres	ss 1 32.13	16 Savana Rosling-Cook	lw 3 23.38
5 Carlissa Daniels	cl 1 28.37	20 Anna Thompson	ss 2 33.09		
6 Molly Bennett	be 2 29.20	21 Ros Sadler	rc 3 33.50		
7 Summer Benson	lw 2 30.50	22 Sue Patrick	ss 3 35.41		
8 Alice Hockham	ma 1 32.01	23 Emma Penson	bd 1 36.24		
<b>U20W</b>	<b>5700 m</b>	24 Justyna Gill	rc 4 36.59		
1 Bella Williams	lw 1 21.40	<b>U13B</b>	<b>3500 m</b>		
2 Libby Ball	lw 2 24.39	1 Ewan Rodell	gr 1 14.17		
3 Laura Wilkinson	lw 3 24.44	2 Peter Braybrook	gr 2 14.25		

**U17M****5700 m**

1 Max Crowther	nk	1 20.18	1 Greg Southern	ss	1 36.33
2 William Tucker	gr	1 20.19	2 Les Ball	lw	1 36.57
3 James Larder	lo	1 20.30	3 Denzil Lynch	lo	1 37.42
4 Bradley Allan	nv	1 20.36	4 David Allworthy	lw	2 38.11
5 Tom Christie	sc	1 20.59	5 Ronnie McWilliam	gm	1 38.29
6 Jack Rushby	lw	1 21.17	6 Nick Marsh	lo	2 38.47
7 George Hatton	gr	2 22.03	7 Alan Wheeler	sb	1 40.29
8 Aaron Hunt	gr	3 22.27	8 Nigel Plaskitt	wv	1 40.44
9 Codi-L Middleton	nv	2 22.56	9 Richard Conway	lo	3 41.05
10 Robert Evans	lw	2 23.17	10 Justin Williams	lw	3 42.02
11 Josh Tarrant	lo	2 23.50	11 Jason Stainton	lo	4 42.11
12 Josh Stanwell	nv	3 28.32	12 Kevin Wallis	lo	5 42.39

**U20M****10000 m**

1 Thomas Trimble	lw	1 34.14	15 Arthur Short	gr	1 44.42
2 Cameron Everist	be	1 36.20	16 Mark Lyon	sb	2 45.04
3 Alex Hampson	nv	1 36.52	17 Phil Galpin	be	2 45.08
4 Niam Payne	nv	2 36.53	18 Ian Coney	ld	1 45.13
5 Bradley Spurdens	nv	3 37.50	19 Simon Machin	lw	5 45.16
6 Scott Taylor	be	2 38.03	20 Alan Evans	lw	6 45.27
7 Thomas Hubbard	nk	1 38.07	21 Jason Oxby	lo	6 45.49
8 Daniel Crow	lw	2 41.22	22 Sandy Telfer	ss	2 45.57

**SenM****10000 m**

1 Matt Bowser	lw	1 31.55	24 Andrew Shelton	sb	3 46.36
2 Linton Taylor	nk	1 32.38	25 Paul Snowden	lo	7 46.43
3 Shane Robinson	lw	2 33.18	26 Chris Hunt	gr	2 46.59
4 Ronny Wilson	lw	3 33.20	27 Nick Lyons	ld	2 47.39
5 Nick Martin	cr	1 33.51	28 Rob Caven	ss	3 48.22
6 Ben Heron	pe	1 34.23	29 Mokhtar Agreurgour	ss	4 48.32
7 James McCrae	nv	1 34.30	30 Martin Clarke	wv	2 49.11
8 Josh Stone	lw	4 35.11	31 Nigel Dickens	nv	1 49.25
9 Adam Dalton	lo	1 35.34	32 Keith Vickers	lo	8 49.47
10 Harry Baxter	lw	5 35.45	33 Mark Tucker	gr	3 49.50
11 Lucian Allison	lw	6 36.23	34 Mick Dean	lo	9 49.54
12 Nick Brown	lw	7 38.26	35 Dave Burton	ss	5 49.58
13 Karov Shimada	ld	1 38.31	36 Rod Burton	cr	1 50.01
14 Steven Sheppard	be	1 40.29	37 Steve Banks	ld	3 50.32
15 Dave Hunter	ld	2 40.33	38 Phil Jackson	lo	01 50.44
16 Mark Sands	sb	1 41.03	39 Liam Vincent	rc	2 52.32
17 Tom Roche	lw	8 41.48	40 Russ Parker	sd	1 52.36
18 Mark Duneworth	ld	3 43.05	41 Eddy Enright	lo	01 53.03
19 Gareth Owens	nk	2 43.22	42 Andrew McAllister	rc	3 53.49
20 James Roark	bd	1 44.16	43 Neil Emerson	rc	4 53.57
21 Gav Meadows	rc	1 44.26	44 Steve Thacker	ss	6 54.37
22 Sam Rhodes	lo	2 44.51	45 Darrell Williamson	ss	7 55.02
23 Daniel Mortimer	wr	1 45.14	46 David Johnson	sd	2 57.34
24 Lee St. Quinton	sd	1 45.31			
25 Matt West	sb	2 45.50			
26 Matt Wilson	wr	2 47.27			
27 Peter Nicholls	sd	2 47.57			
28 Chris Taylor	lo	3 48.41			
29 Ash Epton	sd	3 49.22			
30 Ben Mason	rc	2 50.04			
31 Adam Runacres	ss	1 50.15			
32 Scott Beckwith	wr	3 51.00			
33 Andrew Spencer	rc	3 53.55			
34 Richard Parr	wr	4 62.07			

**VetM****10000 m**

These results are also available on the Internet:  
[www.lincsatletics.com/fixtures.htm](http://www.lincsatletics.com/fixtures.htm)

## *Lincolnshire Cross Country County Championships*

### *January 2017*

<b>U13G</b>	Lincoln W	6	Grantham AC	74
	Lincoln W 'B'	28	Lincoln & D	82
<b>U20W</b>			Louth 'C'	91
	Lincoln W	6	RC Grantham	104
			Sleaford Str 'B'	108
<b>SenW</b>	Lincoln W	6		
	Lincoln & D	28		
	Witham R	38		
<b>VetW</b>	Louth	12		
	Lincoln & D	25		
	Louth 'B'	37		
	RC Grantham	49		
	Sleaford Str	61		
<b>U13B</b>	Grantham AC	6		
	Bourne TH	22		
	Louth	25		
	Lincoln W	37		
	Sleaford Str	44		
	Lincoln W 'B'	60		
<b>U15B</b>	Lincoln W	21		
	Nene Valley	28		
<b>U17M</b>	Grantham AC	17		
	Nene Valley	25		
<b>U20M</b>	Nene Valley	12		
<b>SenM</b>	Lincoln W	8		
	Lincoln W 'B'	29		
	Lincoln & D	46		
	Louth	59		
	Skegness Tri	80		
	Witham R	81		
	RC Grantham	84		
<b>VetM</b>	Lincoln W	16		
	Louth	18		
	Louth 'B'	44		
	Skegness & D	47		
	Sleaford Str	51		
	Lincoln W 'B'	53		