

LINCOLNSHIRE TRACK & FIELD LEAGUE 2004 MATCH 4 AT GRANTHAM ON 22 AUG 2004

The final column is the percentage of the Athletics Weekly standard for that age group
 For the U11s I have used U13s standards and for the over 60s I have used V55s standards.

U11 Girls 80m					U15 Girls 200m								
1	Molly BECK	13.1	428	12	GR	92	1	Katrina MEE	28.8	401	12	GR	95
2	Hannah DUNDERDALE	13.5	331	10	LW	89	2	Rochelle HARRISON	29.2	756	10	LO	94
3	Wednesday PYWOWARIW	13.8	201	9	BD	87	3	Natasha WATERS	29.7	883	9	GY	93
4	Karly WRIGHT	14.8	248	8	BD	81	4	Claire SMITH	30.2	861	8	GY	91
5	Sarah STANHOPE	14.8	293	0	BD	81	5	Siobhan CROFT	30.3	412	7	GR	91
6	Alice FLINT	14.9	265	0	BD	81	6	Lizzie JAINES	31.3	758	6	LO	88
7	Abbie MCKENZIE	15.3	885	7	GY	78	7	Kimberley FEGAN	32.0	757	0	LO	86
U11 Girls 600m					U15 Girls 800m								
1	Paige COOPER	1:58.7	873	12	GY	97	1	Bekki JONES	2:34.0	347	12	LW	96
2	Megan BALL	2:05.2	330	10	LW	92	2	Lara THOMAS	2:39.0	322	10	LW	93
3	Chelsea IRONMONGER	2:07.6	202	9	BD	90	3	Rebecca JACKSON	2:41.4	323	0	LW	92
4	Molly BECK	2:11.3	428	8	GR	88	4	Claire SMITH	2:45.0	861	9	GY	90
5	Sky FLIPPANCE	2:36.7	881	7	GY	73	5	Emily CRAWFORD	2:59.6	415	8	GR	82
6	Jessica JAGGER						6	Jessica JAGGER	3:05.5	413	7	GR	80
U11 Girls Long Jump					U15 Girls 1500m								
1	Paige COOPER	3.71	873	12	GY	89	1	Blue HAYWOOD	5:02.4	320	12	LW	103
2	Wednesday PYWOWARIW	3.34	201	10	BD	80	2	Rochelle HARRISON	5:20.3	756	10	LO	97
3	Hannah DUNDERDALE	3.26	331	9	LW	79	3	Lizzie JAINES	5:24.2	758	9	LO	96
4	Abbie MCKENZIE	2.94	885	8	GY	71	4	Natasha WATERS	5:41.7	883	8	GY	91
5	Karly WRIGHT	2.89	248	7	BD	70	U15 Girls 4 X 200m						
6	Chelsea IRONMONGER	2.66	202	0	BD	64	1	Grantham AC	1:58.0	982	12	GR	102
U11 Girls Ball Throw					U15 Girls Discus								
1	Sarah STANHOPE	25.84	293	12	BD	0	1	Tara GIBSON	20.81	863	12	GY	90
2	Eleanor STEVENS	24.11	721	10	BE	0	2	Emma PATTISON	20.69	424	10	GR	90
3	Sky FLIPPANCE	16.52	881	9	GY	0	3	Jessica JAGGER	16.14	413	9	GR	70
4	Lizzie STEVENS	14.56	722	8	BE	0	U15 Girls High Jump						
5	Alice FLINT	9.73	265	7	BD	0	1	Jessica JAGGER	1.50	413	12	GR	103
U13 Girls 100m					U15 Girls Javelin								
1	Amelia WOOD	14.7	414	12	GR	95	1	Emma PATTISON	22.20	424	12	GR	89
2	Shireen TIMMIS	14.8	350	10	LW	95	2	Tara GIBSON	21.58	863	10	GY	86
3	Mary-anne PHILLIPS	15.1	328	9	LW	93	3	Ashleigh WALKER	11.96	862	9	GY	48
4	Naomi CARR	15.3	437	8	GR	92	4	Katrina MEE	11.90	401	8	GR	48
5	Sophie BECK	15.6	427	0	GR	90	U15 Girls Long Jump						
6	Hester TALBOT	16.6	327	0	LW	84	1	Vicky OLDIN	4.53	286	12	BD	98
U13 Girls 200m					U15 Girls Shot								
1	Mary-anne PHILLIPS	30.6	328	12	LW	96	1	Emma PATTISON	10.69	424	12	GR	119
2	Amelia WOOD	30.9	414	10	GR	95	2	Siobhan CROFT	7.42	412	10	GR	82
3	Shireen TIMMIS	31.0	350	9	LW	95	3	Tara GIBSON	7.34	863	9	GY	82
4	Paige NAYLOR	31.7	432	8	GR	93	4	Bekki JONES	7.32	347	8	LW	81
5	Hester TALBOT	33.4	327	0	LW	88	5	Lara THOMAS	5.72	322	7	LW	64
U13 Girls 800m					U17 Women 100m								
1	Paige NAYLOR	2:57.3	432	12	GR	90	1	Rebecca HALL	13.3	416	12	GR	98
2	Chelsea BROCKETT	2:59.4	410	10	GR	89	2	Issy REYBERG	14.2	423	10	GR	92
3	Hannah SMITH	3:05.9	878	9	GY	86	3	Jade CARPENTER	15.6	208	9	BD	83
U13 Girls 1500m					U17 Women 200m								
1	Georgia BALL	5:17.6	325	12	LW	104	1	Vikki HUBBARD	27.5	403	12	GR	98
2	Hester TALBOT	5:29.5	327	10	LW	100	2	Joanne HARRIS	34.5	441	10	GR	78
3	Danielle CHAPMAN	5:56.6	859	9	GY	93	U17 Women 800m						
U13 Girls 4 X 200m					U17 Women 4 X 200m								
1	Grantham AC	2:11.6	982	12	GR	103	1	Grantham AC	1:52.8	982	12	GR	102
U13 Girls High Jump					U17 Women Discus								
1	Jade DUFFIELD	1.29	856	12	GY	97	1	Stacey WORTH	26.09	209	12	BD	97
2	Naomi CARR	1.26	437	10	GR	95	2	Emma BLATHERWICK	21.34	439	10	GR	79
U13 Girls Javelin					U17 Women Hammer								
1	Hannah SMITH	12.64	878	12	GY	63	1	Ellen HACKLIN	18.87	442	12	GR	70
2	Lucy TALES	12.59	418	10	GR	63	U17 Women High Jump						
3	Jade DUFFIELD	10.81	856	9	GY	54	1	Lydia CHAMBERLIN	1.45	317	12	LW	95
U13 Girls Long Jump					U17 Women Javelin								
1	Jade DUFFIELD	3.94	856	12	GY	95	1	Rebecca HALL	29.25	416	12	GR	98
2	Mary-anne PHILLIPS	3.77	328	10	LW	91	2	Lydia CHAMBERLIN	21.30	317	10	LW	71
3	Danielle CHAPMAN	3.64	859	9	GY	88	3	Vikki HUBBARD	19.47	403	9	GR	65
4	Sophie BECK	3.38	427	8	GR	81							
5	Lucy TALES	3.19	418	7	GR	77							
U13 Girls Shot													
1	Naomi CARR	6.85	437	12	GR	91							
2	Coral FAIRBANK	6.59	131	10	BA	88							
3	Danielle CHAPMAN	5.64	859	9	GY	75							
4	Hannah SMITH	5.24	878	8	GY	70							
U15 Girls 100m													
1	Katrina MEE	13.8	401	12	GR	96							
2	Bekki JONES	14.4	347	10	LW	92							
3	Natasha WATERS	14.6	883	9	GY	91							
4	Emma TRIGG	15.0	402	8	GR	89							
5	Kimberley FEGAN	15.2	757	7	LO	88							
6	Ashleigh WALKER	15.3	862	5.5	GY	87							
7	Lizzie JAINES	15.3	758	5.5	LO	87							
8	Lara THOMAS	15.7	322	4	LW	85							
9	Natalie JONES	15.8	348	0	LW	84							
10	Hanna KORCZ	16.1	440	0	GR	83							

4 Roxanne CROFT	19.08	443	0	GR	64	4 Pat KIRK	V35	13.45	888	8	GY	84	
U17 Women Long Jump						VET Women Long Jump							
1 Lydia CHAMBERLIN	4.93	317	12	LW	103	1 Judith JAGGER	V40	4.25	409	12	GR	106	
2 Issy REYBERG	4.64	423	10	GR	97	2 Dot FRASER	V65	3.33	303	10	LW	101	
3 Stacey WORTH	4.44	209	9	BD	93	VET Women Shot							
4 Jade CARPENTER	3.92	208	8	BD	82	1 Judith JAGGER	V40	8.40	409	12	GR	105	
5 Natalie GRIMMER	3.88	210	0	BD	81	2 Sharon WALKER	V35	7.53	333	10	LW	116	
6 Jaydee ANTOINE	3.80	867	7	GY	79	3 Julie BRENTNALL	V35	7.14	270	9	BD	84	
7 Joanne HARRIS	3.75	441	6	GR	78	4 Shelley GIBSON	V35	6.16	887	8	GY	95	
U17 Women Triple Jump						VET Women Triple Jump							
1 Jayne MOULDING	8.51	760	12	LO	95	1 Judith JAGGER	V40	8.53	409	12	GR	107	
U20 Women 100m						U11 Boys 80m							
1 Anna LENTON	14.4	214	12	BD	90	1 Guy SINKER		12.3	474	12	GR	84	
U20 Women 200m						2 Andrew HARNESS		12.6	216	10	BD	84	
1 Bacardi KING	29.1	884	12	GY	93	3 Ryan CAPES		13.2	449	9	GR	84	
U20 Women 400m						4 Kieran BURR		13.9	544	8	GM	84	
1 Sarah COATES	1:06.3	310	12	LW	94	5 Frazer FAIRBANK		14.3	132	7	BA	84	
U20 Women 800m						6 Sam WATERS		15.0	855	6	GY	84	
1 Catherine FOLEY	2:26.6	308	12	LW	99	7 Dale FLIPPANCE		16.1	819	5	GY	84	
U20 Women 400m Hurdles						8 Empi PYWOWARIW		17.5	290	4	BD	84	
1 Bacardi KING	1:10.8	884	12	GY	99	9 Toby FLINT		20.5	296	0	BD	84	
2 Sarah TOINTON	1:20.2	211	10	BD	87	U11 Boys 600m							
U20 Women Discus						1 Reece MACKENZIE		2:00.6	851	12	GY	86	
1 Zoe TRISTRAM	26.51	271	12	BD	88	2 Dean HARDING		2:06.1	399	10	LW	82	
2 Sarah TOINTON	24.33	211	10	BD	81	3 Grant FIXTURE		2:07.4	218	9	BD	82	
U20 Women Hammer						4 Curtis GIBSON		2:15.5	853	8	GY	77	
1 Sarah TOINTON	21.75	211	12	BD	73	5 Henry WARREN		2:47.2	295	7	BD	62	
U20 Women High Jump						U11 Boys Long Jump							
1 Eleanor CROFTS	1.40	212	12	BD	90	1 Reece MACKENZIE		3.93	851	12	GY	89	
2 Anna LENTON	1.35	214	10	BD	87	2 Ryan CAPES		3.63	449	10	GR	83	
U20 Women Javelin						3 Grant FIXTURE		3.31	218	9	BD	75	
1 Zoe TRISTRAM	24.76	271	12	BD	83	4 Curtis GIBSON		3.18	853	8	GY	72	
2 Eleanor CROFTS	19.07	212	10	BD	64	5 Dean HARDING		2.93	399	7	LW	67	
U20 Women Long Jump						6 Andrew HARNESS		2.92	216	6	BD	66	
1 Zoe TRISTRAM	4.75	271	12	BD	95	7 Sam WATERS		2.49	855	0	GY	57	
2 Bacardi KING	4.41	884	10	GY	88	U11 Boys Ball Throw							
U20 Women Triple Jump						1 Kieran BURR		30.89	544	12	GM	0	
1 Eleanor CROFTS	9.48	212	12	BD	95	2 Dale FLIPPANCE		25.74	819	10	GY	0	
2 Anna LENTON	9.05	214	10	BD	91	3 Guy SINKER		23.62	474	9	GR	0	
SEN Women 100m						4 Frazer FAIRBANK		23.00	132	8	BA	0	
1 Nina SWABY	14.3	304	12	LW	91	5 Toby FLINT		8.04	296	7	BD	0	
SEN Women Discus						6 Empi PYWOWARIW		6.78	290	6	BD	0	
1 Laura EVANS	34.13	422	12	GR	114	U13 Boys 100m							
2 Hayley FOX	19.73	343	10	LW	66	1 Nathan COX		13.8	904	12	LW	98	
3 Nina SWABY	17.59	304	9	LW	59	2 A GOODE		14.5	445	10	GR	93	
SEN Women Hammer						3 James CARTWRIGHT		14.8	292	9	BD	91	
1 Hayley FOX	18.87	343	12	LW	63	4 Joe DUNDERDALE		15.6	351	8	LW	87	
2 Laura EVANS	16.76	422	10	GR	56	5 Adam WEBB		15.6	902	0	LW	87	
SEN Women High Jump						6 Jake CLARE		15.7	246	7	BD	86	
1 Hayley FOX	1.20	343	12	LW	77	7 Daniel LOVE		16.1	843	6	GY	84	
SEN Women Javelin						8 Isaac WILKINSON		16.4	482	5	GR	82	
1 Laura EVANS	25.94	422	12	GR	86	9 Gavin BURR		16.5	545	4	GM	82	
2 Nina SWABY	18.07	304	10	LW	60	U13 Boys 200m							
SEN Women Long Jump						1 Nathan COX		28.3	904	12	LW	99	
1 Hayley FOX	3.78	343	12	LW	76	2 A GOODE		29.9	445	10	GR	94	
SEN Women Pole Vault						3 Adam WEBB		32.0	902	9	LW	88	
1 Hayley FOX	2.00	343	12	LW	89	4 Jake CLARE		33.1	246	8	BD	85	
SEN Women Shot						5 Michael WEST		34.2	277	7	BD	82	
1 Laura EVANS	7.45	422	12	GR	75	6 Robin PERRIN		38.0	221	0	BD	74	
2 Nina SWABY	6.14	304	10	LW	61	U13 Boys 800m							
3 Hayley FOX	4.18	343	9	LW	42	1 Nat WILDE		2:56.8	498	12	GR	84	
VET Women 100m						U13 Boys 1500m							
1 Judith JAGGER	V40	15.0	409	12	GR	97	1 Joe DUNDERDALE		5:13.3	351	12	LW	97
VET Women 200m						2 Aston PERRIN		5:33.0	220	10	BD	92	
1 Judith JAGGER	V40	31.5	409	12	GR	95	3 Gavin BURR		5:54.9	545	9	GM	86
2 Dot FRASER	V65	36.6	303	10	LW	98	4 I ORGAN		6:14.0	724	8	BE	82
VET Women 400m						5 Andrew DURRANT		6:26.2	463	7	GR	79	
1 Kathleen WARHURST	V40	1:09.7	301	12	LW	96	U13 Boys 4 X 200m						
VET Women 5000m						1 Boston & District AC		2:23.5	980	12	BD	87	
1 Susie ARDON	V45	21:06.7	342	12	LW	99	U13 Boys Discus						
VET Women Discus						1 Sam STANHOPE		14.01	294	12	BD	67	
1 Judith JAGGER	V40	26.31	409	12	GR	114	2 Aston PERRIN		12.40	220	10	BD	59
2 Julie BRENTNALL	V35	23.45	270	10	BD	94	U13 Boys High Jump						
3 Sharon WALKER	V35	20.26	333	9	LW	127	1 Daniel LOVE		1.40	843	12	GY	100
4 Pat KIRK	V35	20.10	888	8	GY	126	2 James CARTWRIGHT		1.30	292	10	BD	93
5 Shelley GIBSON	V35	18.05	872	7	GY	72	3 Nat WILDE		1.20	498	9	GR	86
VET Women Hammer						4 Joe DUNDERDALE		1.15	351	8	LW	82	
1 Pat KIRK	V35	21.73	888	12	GY	136	5 Michael WEST		1.10	277	7	BD	79
2 Sharon WALKER	V35	21.20	333	10	LW	133	6 Robin PERRIN		1.08	221	0	BD	77
3 Shelley GIBSON	V35	20.48	887	9	GY	128	U13 Boys Javelin						
4 Judith JAGGER	V40	19.07	409	8	GR	83	1 A GOODE		24.36	445	12	GR	81
5 Dot FRASER	V65	11.57	303	7	LW	72	2 Aston PERRIN		19.03	220	10	BD	63
VET Women High Jump						3 Nat WILDE		15.68	498	9	GR	52	
1 Judith JAGGER	V40	1.30	409	12	GR	108	4 Robin PERRIN		15.29	221	8	BD	51
VET Women Javelin						U13 Boys Long Jump							
1 Judith JAGGER	V40	28.62	409	12	GR	124	1 A GOODE		4.77	445	12	GR	108
2 Sharon WALKER	V35	18.38	333	10	LW	115	2 Nathan COX		4.57	904	10	LW	104
3 Shelley GIBSON	V35	17.89	887	9	GY	112							

1	Mark BOWLER		1:00.4	281	12	BD	96
SEN Men 4 X 400m							
1	Grantham AC		4:01.1	982	12	GR	85
2	Boston & District AC		4:05.0	980	10	BD	84
SEN Men Discus							
1	Ady WHITE		28.35	383	12	LW	81
2	Karl WRIGHT		22.13	249	10	BD	63
3	Stewart BROUGHTON		20.68	446	9	GR	59
SEN Men Hammer							
1	Ady WHITE		26.35	383	12	LW	66
SEN Men High Jump							
1	Karl WRIGHT		1.55	249	12	BD	82
2	Ady WHITE		1.50	383	10	LW	79
SEN Men Javelin							
1	Ady WHITE		36.82	383	12	LW	74
2	Karl WRIGHT		34.72	249	10	BD	69
3	Stewart BROUGHTON		24.25	446	9	GR	49
SEN Men Long Jump							
1	Karl WRIGHT		5.47	249	12	BD	84
2	Phil PEATLING		5.05	250	10	BD	78
3	Ady WHITE		4.87	383	9	LW	75
4	Stewart BROUGHTON		4.72	446	8	GR	73
5	Richard BROWN		4.43	720	7	BE	68
SEN Men Pole Vault							
1	Ady WHITE		3.30	383	12	LW	89
SEN Men Shot							
1	Ady WHITE		9.04	383	12	LW	70
2	Stewart BROUGHTON		8.09	446	10	GR	62
3	Karl WRIGHT		7.91	249	9	BD	61
4	Richard BROWN		4.70	720	8	BE	36
SEN Men Triple Jump							
1	Phil PEATLING		10.68	250	12	BD	82
VET Men 100m							
1	Les PERCIVAL	V50	13.1	251	12	BD	102
2	Phil PYWOWARIW	V40	14.2	289	10	BD	87
3	Richard TWIDALE	V40	14.4	868	9	GY	85
4	Dave ELDRIDGE	V55	18.0	464	8	GR	78
VET Men 200m							
1	Les PERCIVAL	V50	26.5	251	12	BD	102
2	Steve BUNN	V50	28.4	489	10	GR	100
3	Phil PYWOWARIW	V40	28.4	289	9	BD	88
4	Richard TWIDALE	V40	29.5	868	8	GY	85
VET Men 400m							
1	Richard TWIDALE	V40	1:03.8	868	12	GY	88
2	Dave ELDRIDGE	V55	1:16.4	464	10	GR	84
VET Men 800m							
1	Steve BUNN	V50	2:18.6	489	12	GR	108
2	Steve GOULD	V40	2:23.1	494	10	GR	91
VET Men 1500m							
1	Steve GOULD	V40	4:50.9	494	12	GR	93
2	Peter CROW	V40	5:22.1	797	10	LO	96
3	Dave ELDRIDGE	V55	5:52.1	464	9	GR	88
VET Men 10000m							
1	Peter CROW	V40	39:53.4	797	12	LO	103
2	Dave ELDRIDGE	V55	44:20.2	464	10	GR	92
VET Men Discus							
1	Keith RIDGEWAY	V45	33.05	390	12	LW	110
2	Phil GARNER	V40	26.31	470	10	GR	80
3	Graham FIRTH	V65	25.63	495	9	GR	95
4	Bob WHYLER	V50	23.21	257	8	BD	77
5	Mick GILBERT	V60	22.26	467	0	GR	82
VET Men Hammer							
1	Phil GARNER	V40	34.55	470	12	GR	99
2	Mick GILBERT	V60	24.57	467	10	GR	91
3	Richard TWIDALE	V40	18.06	868	9	GY	52
VET Men High Jump							
1	Phil GARNER	V40	1.40	470	12	GR	87
2	Richard TWIDALE	V40	1.40	868	10	GY	87
VET Men Javelin							
1	Richard TWIDALE	V40	35.56	868	12	GY	89
2	Phil GARNER	V40	30.73	470	10	GR	77
3	Steve GOULD	V40	30.49	494	9	GR	76
4	Mick GILBERT	V60	20.25	467	0	GR	75
5	Dave ELDRIDGE	V55	15.00	464	0	GR	56
VET Men Pole Vault							
1	Roland STEVENS	V45	2.60	703	12	BE	104
VET Men Shot							
1	Keith RIDGEWAY	V45	9.68	390	12	LW	97
2	Graham FIRTH	V65	9.12	495	10	GR	96
3	Richard TWIDALE	V40	8.21	868	9	GY	75
4	Phil GARNER	V40	7.84	470	8	GR	71
VET Men Triple Jump							
1	Roland STEVENS	V45	8.82	703	12	BE	84