

LINCOLNSHIRE TRACK & FIELD LEAGUE 2004 MATCH 1 AT GRANTHAM ON 12 APR 2004

The final column is the percentage of the Athletics Weekly standard for that age group
 For the U11s I have used U13s standards and for the over 60s I have used V55s standards.

U11 Girls 600m						1 Sabrina RICHARDS	13.4	408	12	GR	99
1 Paige COOPER	2:01.7	873	12	GY	94	2 Grace MURRAY	13.4	865	10	GY	99
2 Hannah DUNDERDALE	2:08.1	331	10	LW	90	3 Fuss DIXON	14.0	755	9	LO	95
3 Kathleen MAYALL	2:08.1	874	9	GY	90	4 Katrina MEE	14.1	401	8	GR	94
4 Wednesday PYWOWARIW	2:10.0	201	8	BD	88	5 Rochelle HARRISON	14.2	756	7	LO	94
5 Chelsea IRONMONGER	2:21.1	202	7	BD	82	6 Claire SMITH	14.6	861	6	GY	91
6 Hayley DONALD	2:24.3	203	0	BD	80	7 Natasha WATERS	14.9	866	0	GY	89
7 Karly WRIGHT	2:26.1	248	0	BD	79	8 Helen PENISTAN	14.9	319	5	LW	89
8 Marie SHAW	2:31.4	419	6	GR	76	9 Emma TRIGG	15.1	402	0	GR	88
9 Michelle FIELD	2:41.5	546	5	GM	71	10 Emma CLARKE	15.3	713	4	BE	87
U11 Girls Long Jump						11 Amy LEDGER	15.8	711	3	BE	84
1 Paige COOPER	3.30	873	12	GY	80	U15 Girls 200m					
2 Hannah DUNDERDALE	3.16	331	10	LW	76	1 Sabrina RICHARDS	27.8	408	12	GR	99
3 Karly WRIGHT	3.03	248	9	BD	73	2 Grace MURRAY	28.2	865	10	GY	98
4 Chelsea IRONMONGER	2.96	202	8	BD	71	3 Fuss DIXON	29.4	755	9	LO	94
5 Hayley DONALD	2.91	203	0	BD	70	4 Katrina MEE	29.6	401	8	GR	93
6 Kathleen MAYALL	2.70	874	7	GY	65	5 Natasha WATERS	30.3	866	7	GY	91
7 Michelle FIELD	2.64	546	6	GM	64	6 Claire SMITH	30.5	861	0	GY	90
U11 Girls Ball Throw						7 Lara THOMAS	31.6	322	6	LW	87
1 Wednesday PYWOWARIW	18.93	201	12	BD	0	8 Amelia SUSUSLOWSKY	31.6	707	5	BE	87
U13 Girls 100m						9 Charlotte HANSON	32.1	321	4	LW	86
1 Amelia WOOD	14.7	414	12	GR	95	U15 Girls 800m					
2 Mary-anne PHILLIPS	14.8	328	10	LW	95	1 Rochelle HARRISON	2:28.6	756	12	LO	100
3 Gemma ALLISON	14.9	753	9	LO	94	2 Helen PENISTAN	2:44.6	319	10	LW	90
4 Molly CARTWRIGHT	15.2	706	8	BE	92	3 Emma PATTERSON	2:49.7	864	9	GY	87
5 Jenna WATSON	15.4	857	7	GY	91	4 Dannielle SUSUSLOWSK	3:04.5	708	8	BE	80
6 Hester TALBOT	15.7	327	6	LW	89	U15 Girls 1500m					
7 Imogen BROWN	15.7	324	0	LW	89	1 Blue HAYWOOD	5:00.2	320	12	LW	103
8 Hannah LEDGER	15.9	712	5	BE	88	2 Lara THOMAS	5:24.0	322	10	LW	96
9 Hannah SMITH	16.6	858	4	GY	84	3 Charlotte HANSON	5:36.3	321	0	LW	92
10 Rebecca SUSUSLOWSKY	17.1	709	0	BE	82	4 Amelia SUSUSLOWSKY	5:40.3	707	9	BE	91
U13 Girls 200m						5 Lizzie JAINES	5:45.1	758	8	LO	90
1 Jenna WATSON	31.2	857	12	GY	95	U15 Girls 3000m					
2 Molly CARTWRIGHT	31.8	706	10	BE	93	1 Ashleigh WALKER	13:17.2	862	12	GY	83
3 Amelia WOOD	31.8	414	9	GR	93	U15 Girls 75m Hurdles					
4 Jade DUFFIELD	32.8	856	8	GY	90	1 Emily MOSS	12.5	204	12	BD	102
5 Hester TALBOT	33.5	327	7	LW	88	2 Siobhan CROFT	13.2	412	10	GR	97
6 Imogen BROWN	34.5	324	6	LW	86	3 Emily CRAWFORD	14.1	415	9	GR	91
7 Chelsea BROCKETT	35.6	410	5	GR	83	4 Sophie ADAMS	15.3	407	0	GR	84
8 Lucy TALES	38.4	418	0	GR	77	5 Emma PATTERSON	15.9	864	8	GY	81
U13 Girls 800m						6 Emma CLARKE	16.5	713	7	BE	78
1 Katie PATTERSON	2:44.3	860	12	GY	97	7 Amy LEDGER	16.6	711	5.5	BE	77
2 Georgia BALL	2:46.6	325	10	LW	96	8 Ashleigh WALKER	16.6	862	5.5	GY	77
3 Jenna WATSON	2:48.3	857	9	GY	95	U15 Girls 4 X 100m					
4 Mary-anne PHILLIPS	2:49.9	328	8	LW	94	1 Grantham AC	55.5	982	12	GR	96
5 Charlotte BUCKLEY	3:26.1	752	7	LO	78	2 Grimsby Harriers	58.9	987	10	GY	91
6 Victoria HAMPTON	3:31.4	751	6	LO	76	3 Lincoln Wellington A	1:04.9	981	9	LW	82
U13 Girls 1500m						U15 Girls Discus					
1 Chelsea COYLE	5:36.8	326	12	LW	98	1 Amy MACKRILL	22.65	253	12	BD	98
2 Hester TALBOT	5:44.6	327	10	LW	96	2 Tara GIBSON	19.39	863	10	GY	84
3 Danielle CHAPMAN	5:46.6	859	9	GY	95	3 Sabrina RICHARDS	16.66	408	9	GR	72
4 Chelsea BROCKETT	6:19.4	410	8	GR	87	4 Emma TRIGG	16.46	402	8	GR	72
U13 Girls 70m Hurdles						U15 Girls High Jump					
1 Danielle CHAPMAN	13.6	859	12	GY	96	1 Emily MOSS	1.45	204	12	BD	100
2 Katie PATTERSON	14.0	860	10	GY	93	2 Jessica JAGGER	1.38	413	10	GR	95
3 Hannah LEDGER	14.6	712	9	BE	89	3 Siobhan CROFT	1.35	412	9	GR	93
U13 Girls 4 X 100m						4 Emily CRAWFORD	1.30	415	0	GR	90
1 Grimsby Harriers	1:03.5	987	12	GY	91	5 Natasha WATERS	0.00	866	0	GY	0
2 Lincoln Wellington A	1:04.8	981	10	LW	90	6 Rochelle HARRISON	0.00	756	0	LO	0
U13 Girls Discus						U15 Girls Javelin					
1 Victoria HAMPTON	9.20	751	12	LO	46	1 Tara GIBSON	19.48	863	12	GY	78
U13 Girls High Jump						2 Sophie ADAMS	14.43	407	10	GR	58
1 Jade DUFFIELD	1.14	856	12	GY	86	3 Ashleigh WALKER	9.44	862	9	GY	38
U13 Girls Javelin						U15 Girls Long Jump					
1 Charlotte BUCKLEY	9.93	752	12	LO	50	1 Emily MOSS	4.76	204	12	BD	103
U13 Girls Long Jump						2 Claire SMITH	4.02	861	10	GY	87
1 Gemma ALLISON	3.78	753	12	LO	91	3 Fuss DIXON	3.98	755	9	LO	87
2 Katie PATTERSON	3.66	860	10	GY	88	4 Grace MURRAY	3.95	865	8	GY	86
3 Jade DUFFIELD	3.59	856	9	GY	87	5 Emily CRAWFORD	3.80	415	7	GR	83
4 Chelsea COYLE	3.49	326	8	LW	84	6 Katrina MEE	3.79	401	6	GR	82
5 Imogen BROWN	3.21	324	0	LW	77	7 Charlotte HANSON	3.68	321	5	LW	80
6 Mary-anne PHILLIPS	3.21	328	7	LW	77	8 Dannielle SUSUSLOWSK	3.49	708	4	BE	76
7 Hannah LEDGER	3.19	712	6	BE	77	9 Lara THOMAS	3.12	322	3	LW	68
8 Victoria HAMPTON	2.92	751	5	LO	70	10 Amy LEDGER	2.99	711	2	BE	65
9 Amelia WOOD	2.88	414	4	GR	69	U15 Girls Shot					
U13 Girls Shot						1 Amy MACKRILL	7.99	253	12	BD	89
1 Gemma ALLISON	5.34	753	12	LO	71	U17 Women 100m					
2 Danielle CHAPMAN	5.20	859	10	GY	69	1 Jayne MOULDING	13.6	760	12	LO	96
3 Hannah SMITH	4.10	858	9	GY	55	2 Kimberley THOMPSON	14.6	252	10	BD	89
4 Charlotte BUCKLEY	3.72	752	8	LO	50	3 Jade CARPENTER	15.6	208	9	BD	83
U15 Girls 100m						U17 Women 200m					

5 Dean SWEETHAN	16.9	543	7	GM	80	1 Matthew TWIDALE	23.49	846	12	GY	71
6 Nathan VICKERS	17.3	541	0	GM	78	2 Chris CHESTER	21.18	222	10	BD	64
U13 Boys 200m						U15 Boys High Jump					
1 Jack SKEET	29.7	385	12	LW	94	1 James BEXON	1.50	227	12	BD	94
2 Gavin BURR	32.3	545	10	GM	87	2 Jake MASON	1.45	231	10	BD	91
3 Jake CLARE	33.0	246	9	BD	85	3 Rys COX	1.40	232	0	BD	87
4 Aston PERRIN	33.4	220	8	BD	84	U15 Boys Javelin					
5 Jack POWLEY	36.4	354	7	LW	77	1 Matthew TWIDALE	33.28	846	12	GY	83
6 Robin PERRIN	36.7	221	0	BD	76	2 James STEVENS	25.10	704	10	BE	63
U13 Boys 800m						3 Robert KEEFE	23.24	705	9	BE	58
1 Andrew DURRANT	3:06.4	463	12	GR	79	4 Chris CHESTER	13.59	222	8	BD	34
2 Dean SWEETHAN	3:13.5	543	10	GM	76	5 Mark TEBBS	8.63	228	7	BD	22
3 Jack POWLEY	3:20.7	354	9	LW	74	6 Patrick PRUDENCE	7.58	229	0	BD	19
4 Nathan VICKERS	3:30.7	541	8	GM	70	7 Ross ISHAM	0.00	225	0	BD	0
U13 Boys 1500m						U15 Boys Long Jump					
1 Jack SKEET	5:13.1	385	12	LW	97	1 Robert KEEFE	4.72	705	12	BE	86
2 Aston PERRIN	5:24.2	220	10	BD	94	2 Christian CRAWFORD	4.34	457	10	GR	79
3 Joe DUNDERDALE	5:25.3	351	9	LW	94	3 Jake COYLE	4.29	356	9	LW	78
4 Sam BAINBRIDGE	6:55.3	456	8	GR	73	4 Rys COX	4.27	232	8	BD	78
U13 Boys Discus						5 Matt RICHARDSON	4.21	387	7	LW	77
1 Hayden RICHARDS	11.77	454	12	GR	56	6 Joe HORNIBLOW	4.16	223	6	BD	76
U13 Boys High Jump						7 Ryan SMITH	4.14	230	0	BD	75
1 Daniel LOVE	1.25	843	12	GY	89	8 Daniel SHAW	4.01	451	5	GR	73
2 Robin PERRIN	0.98	221	10	BD	70	9 Craig DURRANT	3.89	452	0	GR	71
U13 Boys Javelin						10 Daniel NESPOLI	3.86	461	0	GR	70
1 Hayden RICHARDS	18.62	454	12	GR	62	U15 Boys Pole Vault					
U13 Boys Long Jump						1 James STEVENS	1.80	704	12	BE	72
1 Joe DUNDERDALE	3.76	351	12	LW	85	2 Ross ISHAM	0.00	225	0	BD	0
2 Gavin BURR	3.65	545	10	GM	83	3 Chris CHESTER	0.00	222	0	BD	0
3 Dean SWEETHAN	3.13	543	9	GM	71	U15 Boys Shot					
4 Jack POWLEY	3.12	354	8	LW	71	1 Tom TARTTELIN	9.45	247	12	BD	86
5 Jake CLARE	2.65	246	7	BD	60	2 James LEAFE	8.03	226	10	BD	73
6 Nathan VICKERS	2.43	541	0	GM	55	3 Patrick PRUDENCE	6.31	229	0	BD	57
U13 Boys Shot						4 Frazer CHAPMAN	5.77	844	9	GY	52
1 Daniel LOVE	5.47	843	12	GY	64	U17 Men 100m					
2 Hayden RICHARDS	4.76	454	10	GR	56	1 Ryan KIRK	12.0	787	12	LO	98
3 Sam BAINBRIDGE	4.42	456	9	GR	52	2 James WEBB	12.1	236	10	BD	97
U15 Boys 100m						3 David WALKER	13.2	239	9	BD	89
1 Tom TARTTELIN	12.3	247	12	BD	100	4 Jake TRIGG	13.3	469	8	GR	88
2 James BEXON	12.6	227	10	BD	98	U17 Men 200m					
3 Christian CRAWFORD	13.1	457	9	GR	94	1 Tom DUFFIELD	23.4	371	12	LW	103
4 Daniel NESPOLI	13.2	461	8	GR	93	2 Ryan KIRK	25.2	787	10	LO	95
5 Jake MASON	13.3	231	0	BD	92	3 James WEBB	25.2	236	9	BD	95
6 Matt RICHARDSON	13.5	387	7	LW	91	U17 Men 400m					
7 David MAYALL	15.4	845	6	GY	80	1 Tom DUFFIELD	51.0	371	12	LW	105
8 Frazer CHAPMAN	15.6	844	5	GY	79	2 Neil ALLISON	1:00.7	852	10	GY	88
U15 Boys 200m						3 Matthew GREEN	1:01.7	716	9	BE	87
1 Christian CRAWFORD	26.7	457	12	GR	95	U17 Men 800m					
2 Matt RICHARDSON	28.1	387	10	LW	90	1 Mark PLASKETT	2:07.8	357	12	LW	98
3 Daniel NESPOLI	28.4	461	9	GR	89	2 Liam MUNDT	2:23.3	238	10	BD	87
4 Joe MAYALL	29.2	392	8	LW	87	3 Matthew GREEN	2:25.7	716	9	BE	86
5 Matthew DUNCAN	29.8	847	7	GY	85	4 Neil ALLISON	2:26.8	852	8	GY	85
6 Matthew HARNESS	29.9	233	6	BD	85	U17 Men 1500m					
7 Joe HORNIBLOW	30.2	223	5	BD	84	1 Tom HERBERT	4:37.3	359	12	LW	94
8 David MAYALL	32.0	845	4	GY	79	2 Liam MUNDT	4:49.7	238	10	BD	90
U15 Boys 800m						3 Ben PORTER	5:29.5	237	9	BD	79
1 James LEAFE	2:32.3	226	12	BD	87	U17 Men 3000m					
2 Joe MAYALL	2:33.9	392	10	LW	86	1 Josh STONE	10:04.7	358	12	LW	94
3 Daniel SHAW	2:34.0	451	9	GR	86	2 Liam MUNDT	10:44.1	238	10	BD	88
4 Ross ISHAM	2:48.1	225	8	BD	79	3 Ben PORTER	12:39.6	237	9	BD	75
5 Craig DURRANT	2:56.2	452	7	GR	75	U17 Men 4 X 100m					
U15 Boys 1500m						1 Boston & District AC	51.1	980	12	BD	92
1 James MUNN	4:53.4	224	12	BD	94	2 Boston & District AC	58.2	980	0	BD	81
2 Elliot HAYWOOD	4:57.8	353	10	LW	92	U17 Men Discus					
3 Jake COYLE	5:06.5	356	9	LW	90	1 Stuart SMITH	33.18	242	12	BD	98
4 Matthew DUNCAN	5:11.4	847	8	GY	88	2 Adam BRACKENBURY	23.29	241	10	BD	69
5 Mark TEBBS	5:43.2	228	7	BD	80	3 Tom BRENNAN	23.07	243	0	BD	68
6 Nathan IRONMONGER	6:08.8	234	0	BD	75	4 Jake TRIGG	19.31	469	9	GR	57
U15 Boys 3000m						5 James RIDGEWAY	18.59	389	8	LW	55
1 James MUNN	10:27.5	224	12	BD	96	U17 Men Hammer					
2 Jake COYLE	10:33.0	356	10	LW	95	1 Adam BRACKENBURY	22.75	241	12	BD	61
3 Nathan IRONMONGER	13:44.9	234	9	BD	73	2 Ben CARR	19.45	240	10	BD	53
4 Patrick PRUDENCE	14:03.1	229	0	BD	71	3 Tom BRENNAN	16.83	243	0	BD	45
U15 Boys 80m Hurdles						U17 Men High Jump					
1 James BEXON	12.9	227	12	BD	101	1 John HARESIGN	1.74	235	12	BD	99
2 Jake MASON	14.2	231	10	BD	92	2 Jake TRIGG	1.50	469	10	GR	86
3 Ryan SMITH	17.0	230	0	BD	76	U17 Men Javelin					
4 David MAYALL	17.0	845	9	GY	76	1 Neil ALLISON	23.21	852	12	GY	52
5 Frazer CHAPMAN	18.9	844	8	GY	69	U17 Men Long Jump					
U15 Boys 4 X 100m						1 John HARESIGN	5.32	235	12	BD	89
1 Boston & District AC	54.2	980	12	BD	92	2 David WALKER	4.39	239	10	BD	73
2 Boston & District AC	58.5	980	0	BD	85	U17 Men Shot					
3 Grimsby Harriers	60.0	987	10	GY	83	1 Stuart SMITH	11.05	242	12	BD	92
U15 Boys Discus						2 Adam BRACKENBURY	10.62	241	10	BD	88
1 Matthew TWIDALE	22.33	846	12	GY	74	3 Tom BRENNAN	7.69	243	0	BD	64
2 Chris CHESTER	21.92	222	10	BD	73	U17 Men Triple Jump					
3 James LEAFE	21.40	226	9	BD	71	1 James WEBB	10.86	236	12	BD	87
U15 Boys Hammer						2 David WALKER	9.34	239	10	BD	75

U20 Men 100m						8 Richard PEARSON	V40	14.6	702	0	BE	84
1 Michael WHITE		11.6	379	12	LW	9 Jez PAGE	V40	15.2	471	4	GR	81
2 Craig SMITH		12.5	790	10	LO	10 Dave ELDRIDGE	V55	16.5	464	0	GR	85
3 David PEACOCK		12.6	466	9	GR	VET Men 200m						
U20 Men 200m						1 Geoff POWLEY	V40	25.9	368	12	LW	97
1 Adam HOPKINS		24.0	849	12	GY	2 Ian RICHARDS	V50	25.9	455	10	GR	104
2 David PEACOCK		27.2	466	10	GR	3 Les PERCIVAL	V50	27.3	251	9	BD	99
U20 Men 400m						4 David GRACE	V45	27.9	701	8	BE	93
1 Adam HOPKINS		54.4	849	12	GY	5 Nick PENISTAN	V45	29.0	370	6.5	LW	90
2 Sean MAYALL		55.0	848	10	GY	6 Richard TWIDALE	V40	29.0	868	6.5	GY	86
3 Craig SMITH		56.7	790	9	LO	7 Richard PEARSON	V40	29.2	702	5	BE	86
4 Tom KING		58.2	850	0	GY	8 Roland STEVENS	V45	31.1	703	0	BE	84
U20 Men 800m						9 Jez PAGE	V40	33.7	471	4	GR	74
1 Hamish ROBERTSON		2:05.7	460	12	GR	VET Men 400m						
2 Sean MAYALL		2:09.2	848	10	GY	1 Mal BRAMHALL	V45	53.9	369	12	LW	108
3 Tom KING		2:12.6	850	9	GY	2 Les PERCIVAL	V50	59.9	251	10	BD	102
U20 Men 3000m						3 David GRACE	V45	1:02.4	701	9	BE	93
1 Will STRANGEWAY		9:25.9	362	12	LW	4 Richard TWIDALE	V40	1:02.7	868	8	GY	89
2 Ian KIMPTON		9:27.3	361	10	LW	5 Nick PENISTAN	V45	1:03.0	370	7	LW	92
U20 Men Discus						6 Dave ELDRIDGE	V55	1:11.6	464	6	GR	89
1 Grant DULLER		20.24	458	12	GR	7 Jez PAGE	V40	1:13.8	471	0	GR	76
U20 Men Hammer						VET Men 800m						
1 Grant DULLER		40.02	458	12	GR	1 Geoff POWLEY	V40	2:42.1	368	12	LW	80
U20 Men High Jump						2 David GRACE	V45	2:42.4	701	10	BE	83
1 Hamish ROBERTSON		1.65	460	12	GR	3 Dave ELDRIDGE	V55	2:46.6	464	9	GR	90
2 David PEACOCK		1.55	466	10	GR	4 Richard PEARSON	V40	2:47.5	702	8	BE	78
U20 Men Javelin						5 Jez PAGE	V40	3:09.2	471	7	GR	69
1 David PEACOCK		18.13	466	12	GR	VET Men 1500m						
U20 Men Long Jump						1 Ivo RODRIGUES	V40	4:24.6	244	12	BD	102
1 Sean MAYALL		5.40	848	12	GY	2 Geoff POWLEY	V40	5:16.9	368	10	LW	85
2 David PEACOCK		5.27	466	10	GR	3 Jez PAGE	V40	5:31.6	471	9	GR	81
U20 Men Shot						VET Men 3000m						
1 Grant DULLER		10.87	458	12	GR	1 Ivo RODRIGUES	V40	9:23.9	244	12	BD	101
U20 Men Triple Jump						2 Dave ELDRIDGE	V55	11:29.2	464	10	GR	96
1 Craig SMITH		11.46	790	12	LO	3 Jez PAGE	V40	12:20.0	471	9	GR	77
SEN Men 100m						4 Dave STRANGEWAY	V45	13:14.3	391	8	LW	76
1 Kevin HIBBINS		12.1	465	12	GR	VET Men 4 X 100m						
2 Ian CHARLES		12.1	472	10	GR	1 Grantham AC	VET	1:01.1	982	12	GR	0
3 Jim BROOK		12.2	795	9	LO	VET Men Discus						
4 Phil PEATLING		13.0	250	8	BD	1 Keith RIDGEWAY	V45	31.69	390	12	LW	106
5 Karl WRIGHT		13.2	249	7	BD	2 Geoff POWLEY	V40	27.01	368	10	LW	82
SEN Men 200m						3 Phil GARNER	V40	24.35	470	9	GR	74
1 Jim BROOK		24.0	795	12	LO	4 Mick GILBERT	V60	23.13	467	8	GR	86
SEN Men 400m						5 Dave GUTHERIDGE	V45	18.03	468	0	GR	60
1 Adam MADGE		55.2	453	12	GR	VET Men Hammer						
SEN Men 800m						1 Phil GARNER	V40	33.32	470	12	GR	95
1 Adam MADGE		2:10.7	453	12	GR	2 Geoff POWLEY	V40	24.61	368	10	LW	70
2 Shane DULLER		2:40.4	459	10	GR	3 Mick GILBERT	V60	23.74	467	9	GR	88
SEN Men 1500m						4 Richard TWIDALE	V40	18.65	868	8	GY	53
1 Chris COPE		4:18.3	245	12	BD	VET Men High Jump						
2 Shane DULLER		5:23.9	459	10	GR	1 Richard TWIDALE	V40	1.30	868	12	GY	81
SEN Men 3000m						2 Jez PAGE	V40	1.00	471	10	GR	63
1 Ronnie MCWILLIAM		9:38.8	367	12	LW	VET Men Javelin						
2 Mark BADDELEY		9:42.7	388	10	LW	1 Geoff POWLEY	V40	43.60	368	12	LW	109
3 Graham WRIGHT		10:02.1	366	0	LW	2 Roland STEVENS	V45	34.36	703	10	BE	98
4 A SHORT		10:07.8	475	9	GR	3 Phil GARNER	V40	32.96	470	9	GR	82
5 Shane DULLER		12:17.0	459	8	GR	4 Richard TWIDALE	V40	28.38	868	8	GY	71
SEN Men 4 X 100m						5 David GRACE	V45	23.55	701	7	BE	67
1 Grimsby Harriers		50.5	987	12	GY	6 Dave GUTHERIDGE	V45	16.86	468	6	GR	48
2 Boston & District AC		52.2	980	10	BD	VET Men Long Jump						
3 Grantham AC		54.1	982	8	GR	1 Geoff POWLEY	V40	5.00	368	12	LW	95
SEN Men Discus						2 Jez PAGE	V40	3.78	471	10	GR	72
1 Jim COLEMAN		23.00	473	12	GR	3 Dave ELDRIDGE	V55	2.99	464	9	GR	70
2 Jim BROOK		20.82	795	10	LO	VET Men Pole Vault						
3 Karl WRIGHT		17.18	249	9	BD	1 Geoff POWLEY	V40	2.60	368	12	LW	87
SEN Men Javelin						2 Roland STEVENS	V45	2.40	703	10	BE	96
1 Karl WRIGHT		34.96	249	12	BD	VET Men Shot						
2 Jim COLEMAN		31.25	473	10	GR	1 Richard TWIDALE	V40	8.30	868	12	GY	75
3 Jim BROOK		26.69	795	9	LO	2 Mick GILBERT	V60	7.23	467	10	GR	76
SEN Men Long Jump						3 Phil GARNER	V40	7.16	470	9	GR	65
1 Kevin HIBBINS		6.14	465	12	GR	4 David GRACE	V45	7.05	701	8	BE	71
2 Ian CHARLES		5.74	472	10	GR	5 Roland STEVENS	V45	6.90	703	7	BE	69
3 Phil PEATLING		5.20	250	9	BD	6 Dave GUTHERIDGE	V45	6.75	468	0	GR	68
4 Karl WRIGHT		4.68	249	8	BD	VET Men Triple Jump						
SEN Men Pole Vault						1 Geoff POWLEY	V40	10.97	368	12	LW	100
1 Ady WHITE		3.00	383	12	LW	2 David GRACE	V45	9.22	701	10	BE	88
SEN Men Shot						3 Jez PAGE	V40	8.59	471	9	GR	78
1 Karl WRIGHT		8.22	249	12	BD							
SEN Men Triple Jump												
1 Phil PEATLING		10.63	250	12	BD							
VET Men 100m												
1 Geoff POWLEY	V40	12.8	368	12	LW							
2 Ian RICHARDS	V50	13.0	455	10	GR							
3 Les PERCIVAL	V50	13.1	251	9	BD							
4 David GRACE	V45	13.5	701	8	BE							
5 Richard TWIDALE	V40	13.6	868	7	GY							
6 Nick PENISTAN	V45	14.1	370	6	LW							
7 Roland STEVENS	V45	14.5	703	5	BE							